817.878.4000 www.cityclubfw.com JULY \ AUGUST 2022

A NewsMagazine for Members of City Club

CITY CLUB AP



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SOUTH AMERICA THURSDAY JULY 21, 2022

OREGON & WASHINGTON STATE THURSDAY AUGUST 18, 2022

See Pages 8 & 9



Peggie Muir

**General Manager** 

#### MESSAGE FROM THE **GENERAL MANAGER**

We are swinging into the last half of 2022, believe it or not! Things are going very well at your Club even though inflation and ridiculous gas prices are shocking us all! If you are staying close to home this summer, please come see us and take advantage of everything your Club has to offer!

We are having fun at all of our Tastings and if you haven't come to one, you really should try it. The wine and food is always City Club good. Bring a friend and see or meet fellow members. On Friday, July 21st, we are doing a South American Wine Tasting and on Thursday, August 18<sup>th</sup>, we are sampling the Wines of Oregon and Washington State. The buffets will be perfectly paired for each tasting and you will be guaranteed a table but you need to have a reservation! See pages 8 & 9 for details.

Our **Summer Happy Hour** in the Terrace is in full swing with a complimentary hors d'oeurves station each afternoon from 4 pm to 6 pm, Tuesdays through Thursdays!

We've changed up the **Lobster Night** fare on **Thursday** nights. This is a wonderful meal with lots of lobster. See page 7 for details.

We are opening the kitchen to the **Chef's Table** again in August on the 19<sup>th</sup> and the 26<sup>th</sup>. We have only two dates and this always sells out very guickly. It is a fun time to see behind the scenes, meet other members and enjoy a special 4-course meal paired with beautiful wines. See page 11 for details.



#### DRESS CODE RELAXED FOR SUMMER

The Club's Dress Code for gentlemen is relaxed for the summer. Jackets are not required during the months of June, July and August.

I love to hear from you so call me, email me or stop me in the Club and let me know what needs fixing or changing or improving (or just to get to know each other)!

Peggie Muir **General Manager** 817.878.4089 desk phone 817.925.0142 cell phone pmuir@cityclubfw.com

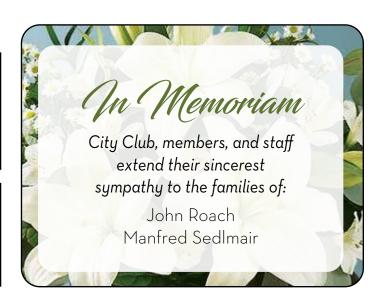
## **BIRTHDAY AND GIFT CERTIFICATES**

Please note Birthday and Gift Certificates are for use in the Terrace.





(Mondays – Fridays)



## Friday Steak Night

### **Every Friday Night at the Club**

Choice of First Course: Caesar Salad or Seafood Gumbo

Entrée: Chef's Choice Hand Cut Steak Served with Grilled Vegetables and Twice Baked Potato \$26

Bottle of Wine Special Managers Selection Red or White Wine \$30

(Not available on Member Buffet nights)

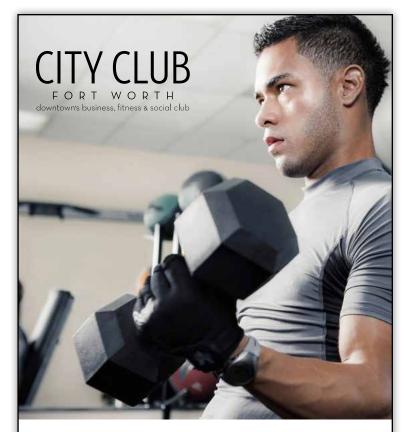
For reservations, please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com

> City Club for Breakfast! It's the best way to start your day!

## City Club's perfectly-appointed private rooms are ready and waiting for your breakfast meetings.

Breakfast menu prices start at \$8.50 per person and, in addition to mouth-watering favorites, there are delicious healthy selections. The service staff will start your day just right with coffee, juice and a smile! Remember City Club for your next morning networking or business event.

> Contact Corporate Catering Manager Kim Keen at kkeen@cityclubfw.com or 817.878.4028



## COLLEGE STUDENT HOME FOR THE SUMMER?

If you are a Full member and your college student is home for the summer, you may make arrangements for them to have Fitness Center privileges.

There is a \$60 monthly fee to add these privileges, which will be added as a one-time charge to your membership account, along with any other charges your student incurs. The fee is not pro-rated but if, for example, the student wishes privileges from mid-June through mid-August the fee is for 2 full months. If, however, the privileges are to be from the 1st of June through mid-August, the fee will be for 3 months, not 2.5 months.

Please make arrangements by contacting Membership Director, Debbie Rubin, drubin@cityclubfw.com or 817.878.4088.

Hun Events

**Dr. Susan Weeks Family** 



# Mother's Day at City Club

Antoinette Bone Family

-3.

aisy Stoner



Melinda Watts Smith, Robin Dettmer, Sue Jones





As many of you know, City Club has been fortunate to house the **"City Center Hive"** on the Terrace outside the Grill. Tenants were invited to take a closer look inside the hive and even spotted the Queen herself! Apparently, her Majesty requires a court of bees to help feed, hydrate and clean her, as she is too busy laying up to 2,000 eggs daily to do it herself. Around this time of year, there can be as many as 50,000 bees in the hive and each bee knows its specific role and responsibility to keep the hive happy and healthy.

Now that we're into the summer months, this means it's almost time to harvest the honey again too! During the hive visit in July, Noni (the Alveole beekeeper) will start the harvesting process which includes removing the frames of surplus honey our hive produced but leaving the bees behind in the hive itself. After the honey is extracted and jarred, they will have City Center honey once again to share!

Stay tuned for more information on when the honey will arrive, and for future bee learning opportunities as another workshop will take place in the fall.

You will have a few chances to earn yourself a complimentary jar of City Center honey in the next NewsMagazine!

# Sumples HAPPY HOUR Sune through August TERRACE BAR

**4:00 pm - 6:00 pm** Tuesday-Wednesday-Thursday



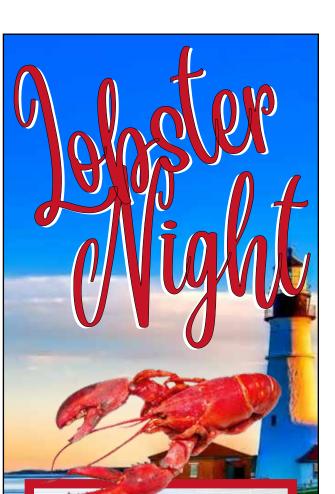
**Complimentary** Hors d oeuvres Station Each Afternoon

<sup>\$6</sup> each House Mixed Prinks House Wine House Margaritas

**\$8** Tito's Martini's



neens



## THURSDAYS soup

Lobster Bisque with Blue Lump Crab

#### ENTRÉE

Steak and Lobster Oscar Grilled 4 oz. Prime New York Striploin Topped with a Cold Water Lobster Tail and Asparagus

> Herb Whipped Potatoes Bernaise Sauce

\$42.00 (plus tax and gratuity)

Not Available on Member Wine Tasting Nights

#### **Craig Halvorson** Wine and Beverage Director/Dining Room Manager, WSET II



Craig has organized two outstanding Tastings and Buffets for members will enjoy **South America** and in August we will enjoy **Oregon & Washir** 

## SOUTH AMERICA Wine Tasting & Buffet

## THURSDAY JULY 21, 2022

5:30 pm – 9:00 pm Ballroom | \$35 + tax & gratuity, price includes Tasting & Buffet Featuring White and Red Wines from Argentina & Chile

#### **APPETIZER STATION**

Charcuterie and Cheese Board Chicken Empanadas <sub>Salsa</sub> Deviled Eggs with Bacon

#### **DINNER BUFFET**

Shrimp, Tomato, and Red Onion Salad Cilantro Lime Vinaigrette

> Pan Seared Black Bass Charred Tomato and Chunky Cucumber Salsa

Carved Charred Grilled New York Strips Chimichurri

> Sauteed French Green Beans Paprika and Onions

Roasted Smashed Potatoes Oregano and Lime

DESSERT & COFFEE STATION Assorted Chef's Mini Desserts







#### SEATING IS VERY LIMITED.

Advanced Reservation is Required, please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com. ' enjoyment in July and August. In July we **ngton State**.

## OREGON & WASHINGTON STATE Wine Tasting & Buffet

## THURSDAY AUGUST 18, 2022

5:30 pm - 9:00 pm Ballroom | \$35 + tax & gratuity, price includes Tasting & Buffet Featuring White and Red Wines from Oregon and Washington State

#### APPETIZER STATION Charcuterie and Cheese Board

Sausage Stuffed Mushrooms

Smoked Salmon Crostini Cream Cheese, Capers, and Fresh Dill

#### DINNER BUFFET

Spicy Pasta Salad Pickled Zucchini, Parmesan Cheese, Walhuts, Capers and a Dill Vinaigrette

Pan Seared Sixty South Salmon Bourbon Apple Sauce

Marinated & Grilled Porterhouse Steak Horseradish Cream Sauce Bacon & Apple Jam Sauce

> Sauteed Broccolini GarlicCandied Sweet Potatoes with Apple Smoked Bacon and Oregon Blue Cheese Crumbles

DESSERT & COFFEE STATION Assorted Chef's Mini Desserts







#### SEATING IS VERY LIMITED.

Advanced Reservation is Required, please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com.



## NEW TO THE CELLAR

From Wine Director Craig Halvorson, WSET II

## **2018 PATRIMONY**

Over the past few years, I have had the opportunity to introduce many of you to some amazing new wines. In fact, one of the more popular "Friday Steak Night Wine Specials" was the DAOU Vineyards Cabernet Sauvignon. With the popularity of this wine with so many of our members, I was excited to try the new 2018 PATRIMONY; a super-premium offering from George Daou and Daniel Daou, owners of DAOU Vineyards and Winery. This new 100% Cabernet Sauvignon wine from Paso Robles in California

was aged for 30 months in 100% new French Oak barrels. What really stood out to me when I tasted this offering for the first time was how concentrated each individual component was and how individually identifiable these characteristics stood out on their own. This is how I know a wine will age gracefully and develop into something even more spectacular in the future. Starting with a deep rich intense ruby color, with powerful detailed aromas, matched with equally powerful black fruit flavors – well defined acidity, well defined tannins, and an amazing long finish that told it's own story. Each component standing tall and strong on their own – these parts over time will integrate together and mature into an outstanding wine - a wine to invest in.

"The 2018 Patrimony is shaping up to be an archetypal Paso Cabernet Sauvignon. The nose is layered and deep, exploding with mint chocolate, iron, crushed blackberries, violet, cedar and cigar aromas. Structurally, it's surprisingly fresh and silky. The fruits are pure and concentrated, but it's lifted and juicy, with incredibly fine, dust-like tannins and a very long, nuanced finish that lifts toward a very pretty mineral, floral note. Gorgeous!" Robert Parker – Wine Critic

This wine will be listed in our Restaurant Wine List - \$400



Come and Enjoy the Chef's Table Four Course Meal Paired with Wines

You Asked and

we Delivered!

in the actual kitchen where you can see it all happening!

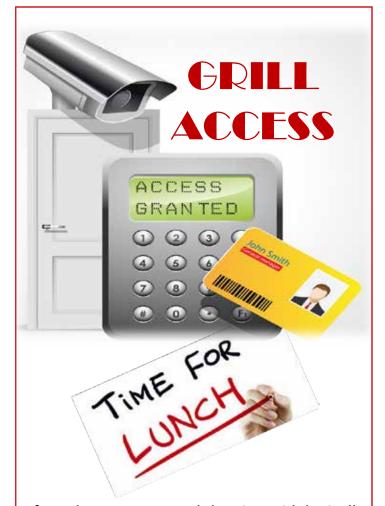
#### Where?

Third Floor Kitchen of City Club

#### When?

Your choice of Chef's Table dates are Friday, August 19th and August 26th, 2022 6:30 pm: Reception in the Oak Bar and 7:00 pm Dinner in the 3rd floor kitchen Please only choose one date so more members can enjoy the experience!

Chef Gilbert and Chef John have come up with dinners on two evenings in August that will be memorable. The space is limited to 14 people only so get your reservations in early! Look for the menus in your August statement stuffer. \$70.00 plus tax and gratuity per person



If you have never tried the City Club Grill located at street level for lunch, it might be because you don't have security access! The

Grill is only open to those members that have a building security card with City Club access. Fitness members automatically get that access. If you are a Social member, you may request security card access to dine in

the Grill by calling or emailing Debbie Rubin, Membership Director, and she'll get that access added to your security card or will order a security card for you.

Contact Debbie at 817.878.4088 or drubin@cityclubfw.com



City Club welcomes the following members who enrolled and thanks the members who referred them.

Tanner Rizenbergs Fitech by Deluxe

Matt & Marguerite

Stoner

**Centerview Partners** 

Kay Ma

Ulterra Drilling

**Brian Hilburn** 

Ulterra Drilling

**Renee Gist** 

Ulterra Drilling

**Bobby Luka** 

Ulterra Drilling

Keisha Day

Ulterra Drilling

Sherrie Bigham

Ulterra Drilling

Nina Jones

Ulterra Drilling

Tu Vu

**Ulterra** Drilling

**Agabi Onugba** Ulterra Drilling

Brittany McPherson Ulterra Drilling

> Adrian Brunson Ulterra Drilling

**Caleb Helms** Ulterra Drilling

**Derek Greer** Ulterra Drilling

Mayra Villalobos Ulterra Drilling

Michael Yetto Ulterra Drilling

Susan Robertson Ulterra Drilling

William Washington Ulterra Drilling

> Jodie Riley Ulterra Drilling

Valerie Howell Ulterra Drilling Karen Shaffer Ulterra Drilling

Bryan Gaither Ulterra Drilling

Apry Jefferson Ulterra Drilling

Savannah Susca Ulterra Drilling

**Ignis Serrano** Ulterra Drilling

Matthew Roseman Ulterra Drilling

**Tim Collier** Advantage Alliance

Doug & Melinda Caldwell Caldwell Air & Heat

Alvie N. Burdine Burdine Financial, LLC

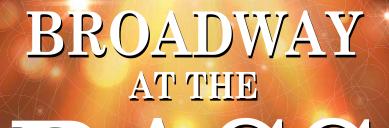
> Amber Fonseca BEPCO, L.P.

As we know, skyrocketing health-care costs are forcing more American employers to reward workers for good health, which often translates into fewer doctor visits and lower health-care insurance Premiums.

Take for example, the leadership team at **Ulterra Drilling Technologies**. When they turned to their employees to gauge interest in a complimentary gym membership at **City Club**, the answer was a resounding yes. From Finance, HR, Marketing, and other teams, many individuals at Ulterra took the opportunity to invest in their own health and fitness and become members at City Club. All of our new members from Ulterra now have the chance to build camaraderie outside of the office and enjoy all the benefits of regular exercise.

Executive Administrator Madeline Ecker said: "They have the opportunity to stay healthy and work out on a daily basis if they're so inclined."





**BAS** 

There are three fantastic "Broadway at the Bass" shows for July and August! Tell Craig or his staff that you're attending a performance and receive a COMPLIMENTARY GLASS OF CHAMPAGNE!

(One for each ticket holder).



## JESUS CHRIST SUPERSTAR July 12 - 17, 2022









## Fur things to do in and around Fort Worth for Independence Day 2022!

### 4<sup>h</sup> of July Fun at Fort Worth Stockyards Station

Mon, 12pm

Live music, face painting, petting zoo, cattle drives, beer gardens, calf roping, and more!

### Fort Worth's Fourth

#### Mon, 5 – 10:30 pm, Panther Island Pavilion

Celebrate Independence Day at the 15th Annual Fort Worth's Fourth. Space out along the banks of the Trinity River at Panther Island Pavilion and enjoy an evening of festival food, drinks, kid activities, live music, and fireworks show.

### Independence Fest 2022

### **Mon, 5 - 10:30 pm, Bakersfield Park, Flower Mound, TX** The Town is excited to announce Randy Rogers Band will headline their 4<sup>th</sup> of July celebration!

## 4th of July Pasture Concert & Fireworks Show

#### Mon, July 4 – Tues, July 5, Burleson, TX

Bring your family out to the 2<sup>nd</sup> Annual 4<sup>th</sup> of July Pasture Concert & Fireworks Show featuring The Seven 6 Band and Dalton Torress. Food Trucks on Site. BYOB (no glass please) and BYO Chairs.

### Spark in the Park 2022

#### Mon, July 4 - Tues, July 5, Weatherford, TX Talented music performers Micky & the Motorcars and one of the largest fireworks displays in North Texas.

#### The Boomin' 4th

**Mon, 6pm, Hudson Oaks, TX** Bobby Irwin will be with Full Band in Hudson Oaks celebrating the 4<sup>th</sup> of July! You can read more about these events on ALLEVENTS.in

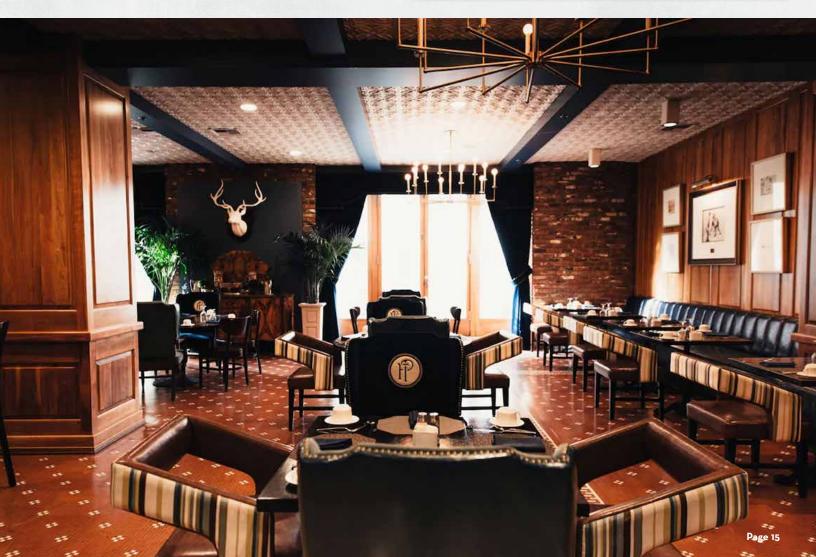
# Los Angeles Athletic Club Heading west this summer?

If you're in the LA area of California be sure and stop at the Los Angeles Athletic Club.

They have all the amenities you'd expect from a long standing club. As usual, just contact Membership Director, Debbie Rubin, for a Letter of Introduction. drubin@cityclubfw.com/817.878.4088.

For more than 125 years, The Los Angeles Athletic Club has remained dedicated to its mission of providing for the body, mind and spirit of its members. Our private club includes state-of-the-art athletic and spa facilities, award-winning restaurants, bars, luxury meeting, conference, and hotel rooms, and an array of social, business, and athletic events.





# **FITNESS FOR YOU!**



Idrissa Ka



Matt Burrell







Ariana Corrales

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# WE'RE HERE FOR YOU

and ready to help you be your best!!

- It's too hot outside! Come to our Fitness Centers where it's nice and cool, work out on one of the many machines or ride a recumbent bike for awhile!
- Our personal trainers are here to help and the pricing is very reasonable
- Try a new class! Check out the Fitness Calendar on the next page and find a class you might enjoy!

#### We'd like to introduce two new staff to the Men and Women's Fitness Centers

#### **Ariana Corrales**

#### (Locker Room Attendant for the Women's Fitness Center):

Ariana graduated from South Hills High School in 2021 (ugh COVID) but she DID get to at least walk across the stage. She attends Tarrant County College and is getting her Associates Degree. She's a busy gal, she has another job plus school! Her dad and 2 uncles have worked or do work here now so City Club runs through her family. Welcome Ariana!

#### Giovanni Gomez (We call him Gio...you can too) Locker Room Attendant for the Men's Fitness Center:

Gio comes to us from Amazon where he worked for several years. So far so good for Gio....he loves working at City Club and his favorite part of the job is the people. He said all of the members have been so kind to him. We're glad you're here Gio!







Giovanni Gomez



City Club reserves the right to cancel or reschedule any class without prior notice. Call (817) 878-4094 for more information.

## **FIND YOUR FITNESS**

#### Wednesdays Thursdays Tuesdays **Fridays** Mondays Saturdays Boot Camp Weights & Cardio Circuit Weights & Conditioning Boot Camp Spin Yoga 6:00-7:00am 6:00-7:00am 6:00-7:00am 6:00-6:50 6:00-7:00am 10:15-11:15am Sally Greenwood Sally Greenwood Sally Greenwood Sally Greenwood Sally Greenwood Alexis Ackel F.I.T. **Reformer Pilates** F.I.T. **Reformer Pilates** F.I.T. 6:30-7:15am 6:30-7:20am 6:30-7:15am 6:30-7:20am 6:30-7:15am Roland Mash Roland Mash **Roland Mash** Julie La Bruyere Julie La Bruyere WFC F.I.T. All classes are WFC F.I.T. E.I.T. E.I.T. **Pilates Mat** coed unless -WOMEN ONLY--WOMEN ONLY-6:30-7:15am 6:30-7:15am 9:00-9:50am specified 6:30-7:30am Roland Mash 6:30-7:30am **Roland Mash** Sandy Mellina Matt Burrell Matt Burrell Reformer Pilates **Reformer** Pilates **Reformer Pilates** Abs & More Reformer Pilates 7:30-8:20am 7:30-8:20am 10:30-11:30am 6:50-7:15am 7:30-8:20am Julie La Bruyere Julie La Bruyere Sandy Mellina Sally Greenwood Julie La Bruyere **Pilates Mat Pilates Mat** F.I.T. **Reformer Pilates** Extreme Body Sculpt 9:00-9:50am 9:00-9:50am 12:00-12:45pm **FEE FOR CLASSES** 7:30-8:20am 9:00-10:00am Roland Mash Julie La Bruyere Julie La Bruyere **SHOWN IN** Julie La Bruyere Sally Greenwood **ORANGE BOXES** Trinity Trails/Walk/Run F.I.T. Extreme Body Sculpt Abs Express 12:00-12:45pm 8:30-9:30am 9:00-10:00am Roland Mash 10:00-10:30am Sally Greenwood Sally Greenwood Sally Greenwood **Reformer Pilates** Barre It! Abs Express **Reformer Pilates** 12:00-12:50pm 9:00-9:50am 10:00-10:30am 11:00-11:50am Julie La Bruyere Sue Horton Sally Greenwood Julie La Bruyere Cardio Blast **Reformer** Pilates **Reformer Pilates** Barre It! Express -MEN ONLY-12:00-12:45pm 11:00-11:50am Sue Horton 11:30-12:00 noon 10:45-11:35am Julie La Bruyere Sue Horton Julie La Bruyere Back to Basics Barre It! Express Abs Express -MEN ONLY-**Reformer Pilates** 11:30-12:00 noon 11:45am-12:15pm 12:20-1:00pm 12:00-12:50pm Sue Horton Roland Mash Matt Burrell Julie La Bruyere Abs Express **Reformer Pilates** Cardio Blast 11:45am-12:15pm 12:00-12:50pm 12:00-12:45pm Roland Mash Julie La Bruyere Sue Horton **Reformer Pilates** F.I.T. Yoga 12:00am-12:50pm 12:00-12:45pm 12:00-1:00pm Julie La Bruyere Matt Burrell Bring a Friend for Fitness... Shannon Jones F.I.T. for FREE! Kettle Bells Express F.I.T. 12:00-12:45pm 12:20-12:50pm 12:00-12:45pm Matt Burrell The first Monday of every month Roland Mash **Roland Mash** is BFF Day. Members may bring a Kettle Bells Express Yoga Back to Basics friend to work-out 12:20-12:50pm 5:00-6:00pm -MEN ONLY-Roland Mash WITHOUT PAYING the normal Alexis Ackel 12:20-1:00pm \$20 guest fee. Normal Reformer Yoga Matt Burrell Pilates and F. I. T. class fees do 5:00-6:00pm apply, as these are fees members Reformer Pilates Alexis Ackel also pay. This is a perfect way 5:30-6:20pm to introduce friends and

Sandy Mellina

06/2022

associates to the benefits of City Club membership.

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		Sunday	Monday	4:00 Tuesday-Wo Join your fe	Wednesday HAD Arough Q om - 6:00 pm ednesday-Thurs llow members & hors d'oeuvre	day for a	Friday  Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner  Friday Steak Night	Saturday Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
POLICY REMINDERS CANCELLATION POLICY. There is a 72-hour cancellation notice on all special events at the Club unless otherwise noted. If a cancellation is made after the 72-hour deadline, the member's account will be charged. We will do our best to confirm reservations. It is, however, the member's responsibility to cancel any reservations. PHOTOGRAPHY POLICY. Members are encouraged to utilize the Club for photograph sittings. Due to security and scheduling issues, it is necessary to reserve a time and space in advance by contacting Catering Manager, Kelly Norvell at 817.878.4051. Unscheduled photography is not permissible.	3	Club Closed	4 City Club Closed for Independence Day	5 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	6 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>7</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	8 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Friday Steak Night	9 Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
	14	D Club Closed	11 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch BFF DAY IN THE FITNESS CENTERS	12 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Jesus Christ Superstar PAFW 7:30 pm	13 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Jesus Christ Superstar PAFW 7:30 pm	14 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Jesus Christ Superstar PAFW 7:30 pm	15 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Jesus Christ Superstar PAFW 7:30 pm Friday Steak Night	16 Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner Jesus Christ Superstar PAFW 1:30 & 7:30 pm
	13	Club Closed	18 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	19 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	20 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	21 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	22 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Friday Steak Night	23 Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
	24	4 31 Club Closed	Eitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	26 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Mean Girls PAFW 7:30 PM	27 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Mean Girls PAFW 7:30 PM	28 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Mean Girls PAFW 7:30 PM LOBSTER NIGHT	29 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Mean Girls PAFW 7:30 PM Friday Steak Night	<b>30</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner <b>Mean Girls PAFW</b> 1:30 & 7:30 PM

## A U G U S T

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Summer HAPPY HOLR June through August	<b>1</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)	<b>2</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)	<b>3</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)	<b>4</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)	<b>5</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)	<b>6</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC)		
TERRACE BAR 4:00 - 6:00 pm Juesday thru Thursday Complimentary Hone d'ocumes	To Go Meals and Dining for Lunch	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Dinner		
Hors d'oeuvres Station	BFF DAY IN THE FITNESS CENTERS			LOBSTER NIGHT	Friday Steak Night	Sec.		
7 Club Closed	<b>8</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	9 FFitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	10 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	11 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Dream Girls /PAFW 7:30 pm	12 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Dream Girls /PAFW 7:30 pm	13 Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner Dream Girls PAFW 1:30 & 7:30 pm		
14	15	16	17	LOBSTER NIGHT	Friday Steak Night	20		
Club Closed	Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner		
				Oregon & Washington State Wine Tasting & Buffet	Friday Steak Night			
21 Club Closed	Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	23 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Lyle Lovett and His Large Band	<b>24</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	25 Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	26 Fitness Sam – 6:30pm (WFC) Sam – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner National Geographic FWSO 7:30 pm	27 Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner National Geographic FWSO 7:30 pm		
		PAFW 7:30 pm	0	LOBSTER NIGHT	Friday Steak Night	A		
28 Club Closed	<b>Eitness</b> 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	30 Fitness Sam – 6:30pm (WFC) Sam – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	31 Fitness Sam - 6:30pm (WFC) Sam - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner		the Club the Broad Bass S	way at the hows. hing Service		

#### RESERVATIONS, PLEASE.

City Club Management and Staff always do their utmost to ensure your dining experience at the Club is the very best it can possibly be. Certain days, and times of day, are busier than others due to seasonal events and celebrations. Member reservations for lunch and dinner assist the Club in consistently providing the level of service you deserve. A telephone call to the Club's Receptionist at 817.878.4000, letting us know when you will be coming, how many are in your party, and whether you wish to dine in the Oak Room or the Terrace, will provide seamless enjoyment of your visit to City Club. Any special requests may also be made at this time.

#### GARAGE PARKING

As a privilege of membership, City Club provides complimentary parking for up to 3 hours in City Center Garages 1 and 2, which are attached via skybridge to the Bank of America Tower.

City Center Parking Garage Management establishes the schedule of parking fees for time over the complimentary 3 hours. After the complimentary 3 hours, the schedule of fees is: \$3 for 0-1 hr \$9 for 2.5-3 hrs \$6 for 1-2 hrs \$12 for 3-4 hrs \$7 for 2-2.5 hrs \$15 for over 4 hrs

Parking fees are paid when exiting the garage.

City Club will validate garage parking at the 3rd floor Reception Desk when members are dining at the Club. Parking may also be validated at each Fitness Desk in the Women's and Men's Fitness Centers. It is suggested that members park in Garage II (Calhoun St. entrance) when visiting the Club.



## **Operation Hours**

Last reservation can	be seated	at 7:00 p.m.	Club closes at	8:00 p.m.

The Terrace Room		The Grill Room		For Reservations and Information		
Reservations	817.878.4000 reception@cityclubfw.com	Reservations	817.878.4000 reception@cityclubfw.com	Management Offices Monday - Friday	817.878.4000 9:00 am - 5:00 pm	
Lunch Cocktails	Monday - Friday 11:30 am - 2:00 pm Tuesday - Saturday 4:00 pm - 8:00 pm	Lunch Fitness Centers Men's Fitness Cen	Monday - Friday 11:30 am - 2:00 pm	<b>General Manager</b> Peggie Muir	817.878.4089 pmuir@cityclubfw.com	
Dinner The Oak Room	4:00 pm - 8:00 pm	Monday - Friday: Saturday:	er 817.878.4016 5:00 am - 7:00 pm 8:00 am - 2:00 pm enter 817.878.4094	<b>Membership Direc</b> Debbie Rubin	tor 817.878.4088 drubin@cityclubfw.com	
Reservations Lunch	817.878.4000 reception@cityclubfw.com Tuesday - Friday	Monday - Friday: Saturday:	5:00 am - 6:30 pm 9:00 am - 1:00 pm	<b>Catering</b> Kim Keen	817.878.4028 kkeen@cityclubfw.com	
Cocktails	11:30 am - 2:00 pm Tuesday - Saturday 4:00 pm - 8:00 pm	Accounting Paula Muller	817.878.4087 pmuller@cityclubfw.com	Kelly Norvell	817.878.4051 knorvell@cityclubfw.com	
Dinner	Tuesday - Saturday 4:00 pm - 8:00 pm		pinaner (actryclab) w.com	,	Club is closed on Monday for Dinner,	

City Club reserves the right to close the restaurants early if there are no reservations and no patrons.

except for special occasions.