

# Summertime at City Club



## Wine Tastings & Buffets

**SOUTH AMERICA**

THURSDAY JULY 20, 2023

**OREGON & WASHINGTON STATE**

THURSDAY AUGUST 17, 2023

*See Pages 14 & 15*



**Peggie Muir**  
General Manager

## MESSAGE FROM THE GENERAL MANAGER

In the heat of the Summer of 2023, I am hanging up my City Club hat and **retiring** into the sunset in **mid August**. A letter was sent to you all about this in late June so I am hoping this isn't big news to you! Much more about this on **pages 8 and 9!!**

This will be my last official message to you all and it makes me nostalgic to think of how many messages I have penned over the years...87 of them since my first one in 2009 when I took over as the new General Manager. **So here we go...one last time!!**

**Plaid for Women** will be meeting for lunch at City Club on **Tuesday, July 11<sup>th</sup>** and **Tuesday, August 8<sup>th</sup>**. This is a time and place to connect and collaborate with other women and we have a great! Women Members are encouraged to join us. **See page 19 for details.**

**Whitaker Chalk** continues to generously offer complimentary Lunch and Learn sessions in partnership with City Club. These typically qualify for CLE and are always very informative and can be quite lively! On **Thursday, July 13<sup>th</sup>**, John Fahy is presenting on "*The New Corporate Transparency Act: \$500 per Day Fine for Non-Compliance*" and Brent Shellhorse is presenting on **Thursday, August 10<sup>th</sup>** on "*Welcome to Civil Trial*". I always say that you can learn something at every single one of these sessions. **See page 3 for details.**

Our **Wine Tastings** are a perfect respite from the heat of the Summer. On **Thursday, July 20<sup>th</sup>**, we are featuring wines from **South America** and on **Thursday,**

**August 17<sup>th</sup>**, we are back in the good ol' USA featuring wines from **Oregon and Washington State**. **See pages 14 and 15 for details.**

Please come down to the Terrace and join us for our **Summer Happy Hour** from 4 pm to 6 pm on **Tuesdays and Wednesdays**...drink specials and a complimentary hors d'oeuvres station! Worth your time before heading back home. **See page 6 for details.**

Don't forget about **Lobster Night** on Thursdays and **Steak Night** on Fridays! Be sure to make reservations so we know you're coming!

If you want a **real deal on personal training** in the Fitness Centers, go to **page 20** for more information on that. Let's get you in shape before the Summer passes away!

Lastly, we are **closed** on **Tuesday, July 4<sup>th</sup>** for Independence Day...stay safe!

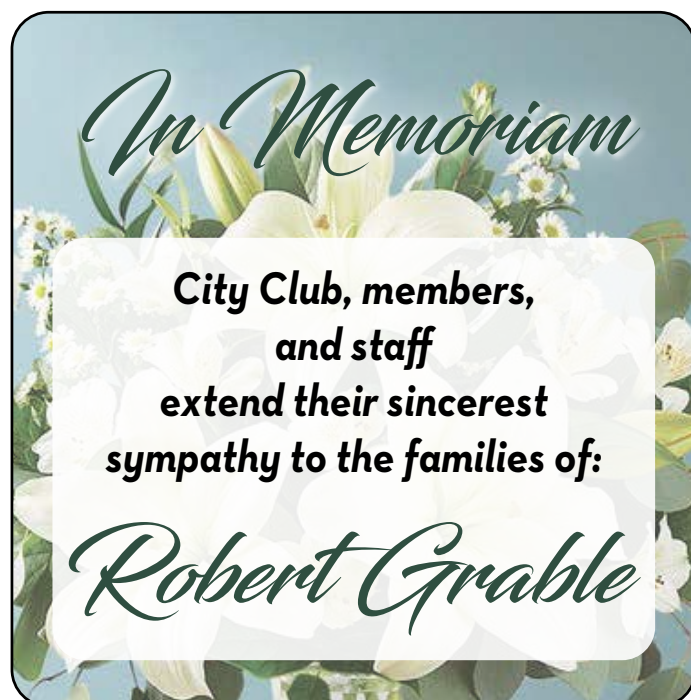
I usually close with "*I love to hear from you so call me, email me or stop me in the Club and let me know what needs fixing or change or improving (or just to get to know each other!)*" The sentiment is still the same but this time, let's also say **good bye and farewell.**

For me, it has been the absolute **BEST of TIMES** as I have loved my 22+ years here at the Club and wish I had been able to meet and come to know every single one of you. Thank you for being a member of City Club even if we never met!!



### DRESS CODE RELAXED FOR SUMMER

The Club's Dress Code for gentlemen is relaxed for the summer. Jackets are not required during the months of July and August.





If you haven't yet attended an informative lunch you are missing out. You have an experienced attorney discussing a specific area of the law.  
***You always learn something new and lunch is complimentary!***

HOSTED BY



**WHITAKER CHALK**  
SWINDLE & SCHWARTZ PLLC  
ATTORNEYS & COUNSELORS  
***In Partnership with City Club***

**Complimentary for  
City Club Members and their Guests.**  
Lunch and Speaker—Noon to 1:30 p.m.

**THURSDAY, JULY 13, 2023**

***"The New Corporate  
Transparency Act:  
\$500/Per Day Fine for  
Non-Compliance"***  
**John R. Fahy**



**THURSDAY, AUGUST 10**  
***"Welcome to Civil Trial."***  
**Brent Shellhorse**

Reservations required.

**RSVP: [bdubose@whitakerchalk.com](mailto:bdubose@whitakerchalk.com) or  
leave reservation voice message at 817-878-0519.**

# LOBSTER NIGHT

THURSDAYS



Not Available on  
Member Wine Tasting Nights

## SOUP

Lobster Bisque with Blue Lump Crab

## ENTRÉE

Steak and Lobster Oscar  
Grilled 4 oz. Beef Tenderloin  
Topped with a  
Cold Water Lobster Tail and Asparagus  
Herb Whipped Potatoes  
Bernaise Sauce

\$42.00 (plus tax and gratuity)

## Friday Steak Night

**Every Friday Night at the Club**

**Choice of First Course:**  
Caesar Salad or Seafood Gumbo

### Entrée:

**Chef's Choice Hand Cut Steak**  
Served with Grilled Vegetables and  
Twice Baked Potato  
\$26

**Bottle of Wine Special**  
Managers Selection Red or White Wine  
\$30



**For reservations, please contact the  
Receptionist at 817.878.4000 or  
[reception@cityclubfw.com](mailto:reception@cityclubfw.com)**



# Mother's Day

B R U N C H



Mother's Day at City Club was very special this year! We had a great turnout, the food was delicious and the Mothers were treated like Queens! We thank everyone who shared their special day with us and thank the hard working staff that made it all happen!





*"There is no role in life that is  
more essential than  
that of motherhood."*

*—Elder M. Russell Ballard*





# Summer HAPPY HOUR

through August

\$6 each  
House Bar  
&  
House Wine

\$8  
Tito's Martini's

Complimentary  
Hors d'oeuvres Station

Cheers!

**TERRACE BAR**

4:00 pm - 6:00 pm

Tuesday-Wednesday



# THE WINE ROOM



***So many possibilities, and offered at  
no charge to rent for our members!***

with a minimum food purchase of \$35 per person for lunch and \$70 per person for dinner from 2 - 16 people.

Please contact Kim Keen, Corporate Catering Manager,  
for more information at  
[kkeen@cityclubfw.com](mailto:kkeen@cityclubfw.com) or 817.878.4028



## MEETING SPACES

City Club features

**9 well-appointed private rooms**

to accommodate your meeting or event.

With the talents of our Corporate Catering Manager,  
Banquet Managers and our Culinary Team,  
City Club will meet and exceed the needs of your business.

Internet Capabilities along with the latest Audio/Visual  
equipment will complement your meeting.

Whether it's a weekly breakfast, a lunch and learn  
session, business retreat or private planning meeting, your  
professional organization will benefit by utilizing all the  
facilities and amenities City Club has to offer.

Please contact Kim Keen, Corporate Catering Manager,  
for more information at  
[kkeen@cityclubfw.com](mailto:kkeen@cityclubfw.com) or 817.878.4028





# Happy Retirement!



Our General Manager, Peggie Muir, is retiring on August 15th after 22 plus years with City Club. She joined the Club in 2001 as our Controller. In 2009, she assumed the General Manager role. She has put her heart and soul into City Club. Peggie has worn many more hats than the typical Club GM as she did not

give up her Controller duties when she assumed the GM position. In addition, out of need, she took over many of the tasks associated with IT and graphic design for the Club.

She has carefully steered the Club through remodels, technology upgrades, supported the staff through tragedy and kept things going through the uncertainty of the pandemic. The Club has retained outstanding staff over the years partly due to her care for them. She allows the Managers to manage their area of the Club while guiding them with common sense and laughter. Her door has always been open to every employee and member.

She had the ability to put aside her innate shyness to make members feel welcome and was always ready to help them to get the most out of their membership. It was quite rare that she needed to assist a disgruntled member or guest but when she did, they came away knowing that she heard them and that she would take care of the situation that upset them. She did her very best for the members, the staff and the owners.

Peggie is looking forward to a spending joyful time with her first grandchild. She will finally have time to travel, read books, garden and do all the wonderful things a person does once they step away from a long career. For 27 years, she has been delivering meals several days a month with Meals on Wheels and will continue that legacy.

Please join us in wishing Peggie a wonderful time in retirement!



While we will miss Peggie, we are very happy to announce that Craig Halvorson will be taking over as the General Manager of City Club effective July 10th. Many of you know him as the Wine Director and Terrace Manager for the Club. He joined City Club in the fall of 1995 pretty much fresh

out of college and is approaching his 28th year with the Club! Craig started his Hospitality Management career at Briarcrest Country Club in Bryan/College Station while earning his Bachelor of Science degree from Sam Houston State University. After taking on the duties of managing the Club's Wine Program in the fall of 2009, he obtained his WSET Level 2 Award with Distinction in Wine and is currently studying for the WSET Level 3 exam.

He does an amazing job taking care of the members, planning events in the Wine Room and he knows the Club inside and out. He is the perfect person to take over the operations and management of City Club. Like Peggie, he will continue to wear many hats. He will maintain his work in the Terrace, continue to manage our extensive wine inventory and presentation and plan events all while guiding the Club into the future.

Craig is looking forward to helping you all in any way that he can to make sure you enjoy your membership. We hope you will join us in welcoming Craig in his new role as your General Manager!

***We are hosting a retirement reception for Peggie and a welcome reception for Craig on Thursday, August 10th in the Ballroom beginning at 5 pm with comments starting at 5:45. Please join us to celebrate Peggie and Craig!***



RETIREMENT  
RECEPTION  
FOR  
PEGGIE MUIR

PLEASE JOIN US TO CELEBRATE THE  
RETIREMENT OF OUR CITY CLUB  
GENERAL MANAGER!



THURSDAY, AUGUST 10TH  
STARTING AT 5:00 PM  
WITH REMARKS AT 5:45 PM



THE BALLROOM

please rsvp:  
817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com)

# We have another retirement!



Our **Membership Director, Debbie Rubin**, is retiring at the end of July after a long career at City Club.

She joined the Club as the Membership Director in the fall of 2002 and left us in 2006 for greener pastures. Then, in 2011, the Club needed a Catering Sales Manager and Debbie came back to the Club to fill that role. She did an outstanding job in the Catering Sales Department for years but her heart had always been for membership. In 2019, Debbie stepped back into the role of Membership Director.

She is a wonderful, cheerful member advocate and has truly loved meeting as many members as she could over the years. She puts together the information for our bi-monthly newsmagazine and has always worked tirelessly for the Club. She will be greatly missed. In retirement, Debbie plans to freely travel without the constraints of employment, putter around her home and enjoy time with her family. She will be at the retirement party for the General Manager, so please come by to celebrate her retirement and to say good-bye to her on August 10th in the Ballroom. See page 9 for details.

## **Please Welcome Matt Burrell as our new Membership Director!**



Many of you will know and recognize Matt from Fitness Centers. He has worked down there as a trainer since early 2018. When he heard that Debbie was retiring, he inquired about the job as he has an extensive background in sales and thought that he was a great fit this role for the Club...and WE AGREE!

Interestingly, he will not stop teaching his early morning classes for women only so, ladies, you get 2-for-1 if you join his 6:30 am class! He is one of the nicest people you will ever meet and will take good care of the current members and will be great at bringing in new members! Please join us in our happiness that we found a wonderful person for the job!





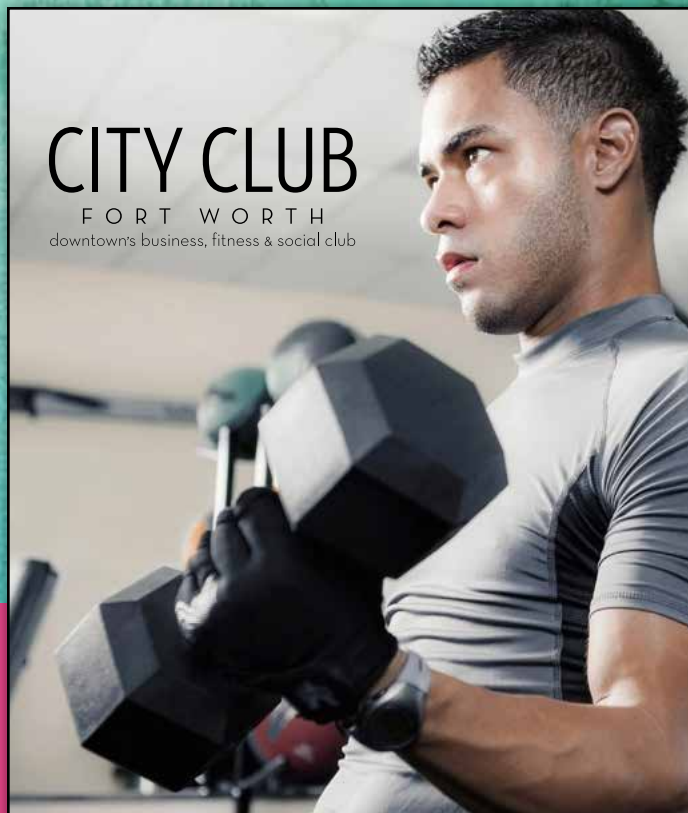
If you have never tried the City Club Grill located at street level for lunch, it might be because you don't have security access! The

Grill is only open to those members that have a building security card with City Club access. Fitness members automatically get that access. If you are a Social member, you may request security card access to dine in the Grill by calling or emailing Debbie Rubin, Membership Director, and she'll get that access added to your security card or will order a security card for you.

Contact Debbie at 817.878.4088 or [drubin@cityclubfw.com](mailto:drubin@cityclubfw.com)

## CITY CLUB

FORT WORTH  
downtown's business, fitness & social club



## COLLEGE STUDENT HOME FOR THE SUMMER?

If you are a Full member and your college student is home for the summer, you may make arrangements for them to have Fitness Center privileges.

There is a \$60 monthly fee to add these privileges, which will be added as a one-time charge to your membership account, along with any other charges your student incurs. The fee is not prorated but if, for example, the student wishes privileges from mid-June through mid-August the fee is for 2 full months. If, however, the privileges are to be from the 1st of June through mid-August, the fee will be for 3 months, not 2.5 months.

Please make arrangements by contacting Membership Director, Debbie Rubin, [drubin@cityclubfw.com](mailto:drubin@cityclubfw.com) or 817.878.4088.

# Summer on the **GO** at one of your **RECIPROCAL CLUBS!**

If you're looking for a fun and special place to go this summer check into the Balboa Bay Resort and Hotel!



Four-Diamond waterfront resort in Newport Beach and is ranked #1 Best Hotels in Newport Beach by U.S. News & World Report.

Situated on 15 prime acres on the bay, Balboa Bay Resort is a premier year-round destination located 50 miles south of Los Angeles and 85 miles north of San Diego. Please request a Letter of Introduction from the City Club Membership Director, Matt Burrell, at 817.878.4088 or [mburrell@cityclubfw.com](mailto:mburrell@cityclubfw.com).



more information?

[www.balboabayresort.com](http://www.balboabayresort.com) | 949-645-5000





# New to the Cellar

From Wine Director Craig Halvorson, WSET II



This month's "New to the Cellar" wine is a classic from Washington State. Please allow me to introduce to you the **2019 Quilceda Creek Cabernet Sauvignon**. This 100% Cabernet Sauvignon from the Columbia Valley was aged for 20 months in 100% new French Oak barrels.

2019 Quilceda Creek Cabernet Sauvignon

**99 Points Robert Parker**

**99 Points Jeb Dunnuck**

**98 Points Vinous**

**97 Points James Suckling**

**95 Points Wine Enthusiast**

"Flirting with perfection, instantly impressive and marked with impeccable shine and polish, the 2019 Cabernet Sauvignon is made entirely from Cabernet Sauvignon from Champoux vineyard (90%) and Mach One vineyard (10%). The Cabernet explodes out of a glass with exuberance and power, prancing with layers of juicy black fruit, plum compote, black raspberry jus and hints of cinnamon-spiced black cherries. Full-bodied and with a ripe attack, velvety tannins sway with a glossy mouthfeel that is

seductive, and the wine displays a balanced structure with a generous frame. It somersaults to an ever-evolving finish that bursts with layers of complexity, finesse and richness. What a stunning bottle! Bravo! Two thumbs up!"

## About Quilceda Creek Winery:

Established in 1978 by Alex and Jeannette Golitzin with the first vintage produced in 1979, Quilceda Creek is Washington State's 12th bonded winery after Prohibition, but the family's storied history with winemaking dates back to the late 1800s. Family owned and operated and one of Washington State's premier wineries, Quilceda Creek has dedicated itself to producing world-class Cabernet Sauvignon. The wines of Quilceda Creek have been an expression of five vineyards in the coveted Horse Heaven Hills and Red Mountain American Viticultural Areas (AVA). Champoux Vineyard is one of the oldest vineyards in Washington State and the Cabernet Sauvignon grapes grown there have produced five of Quilceda Creek's perfect 100-point wines. Grapes for the sixth 100-point wine were sourced from Galitzine Vineyard in the Red Mountain AVA. Today, Paul Golitzin oversees all aspects of winemaking and vineyard operations, pursuing the same standard of excellence that brought Quilceda Creek to world prominence.







## **Craig Halvorson**

*Wine and Beverage Director/Dining Room Manager, WSET II*

*Craig has organized two outstanding Tastings and Buffets for*  
**Wine Tasting and Buffet** in July and an **Oregon and Washing**

# **Argentina and Chile Wine Tasting & Buffet**

THURSDAY JULY 20, 2023  
Cost \$45 For Tasting & Buffet

Wine Tasting: 5:30 - 7:00 pm  
Buffet Open: 6:00 - 8:00 pm

**Featuring White and Red Wines  
from Argentina and Chile**



### **MENU CREATED BY CHEF JOHN**

HORS D'OEUVRE TABLE  
Charcuterie & Cheese Board

Beef Empanadas

Provoleta  
Grilled Artesian Bread

DINNER BUFFET  
Heirloom Tomato and Onion Salad  
Citrus Cilantro Vinaigrette

Shrimp and Pesto Pasta Salad

New York Strip Carne Asada  
Chimichurri Seafood Paella

Grilled Vegetables  
Lemon and Garlic

Roasted New Potatoes  
Paprika and Red Onions

Chef's Assorted Desserts



Reservations required.

Please contact the Receptionist at 817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com).



members' enjoyment. There will be an **Argentina and Chili**  
**Wine Tasting and Buffet** in August.

## Oregon and Washington State Wine Tasting & Buffet

THURSDAY AUGUST 17, 2023

Cost \$45 For Tasting & Buffet

Wine Tasting: 5:30 - 7:00 pm

Buffet Open: 6:00 - 8:00 pm

**Featuring White and Red Wines from  
Oregon and Washington State**



### MENU CREATED BY CHEF JOHN

#### HORS D'OEUVRE TABLE

Charcuterie & Cheese Board  
Blue Cheese and Mushroom Puffs  
Crab Salad in Cucumber Cup

#### DINNER BUFFET

Shrimp Salad  
Apple and Fennel, Citrus Dressing

Zucchini Pasta Salad

Braised Short Rib  
Brown Gravy

Cedar Plank Salmon  
Tartar Sauce

Parmesan Roasted Asparagus and Tomatoes  
Balsamic Reduction

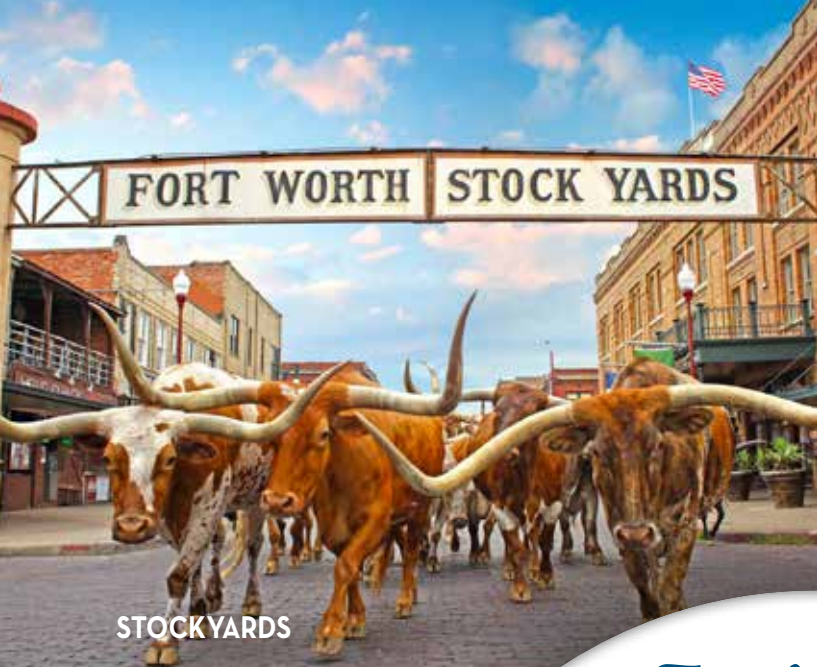
Grilled Sweet Potatoes  
Blue Cheese and Bacon Crumbles

Chef's Assorted Desserts

Reservations required.

Please contact the Receptionist at 817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com).

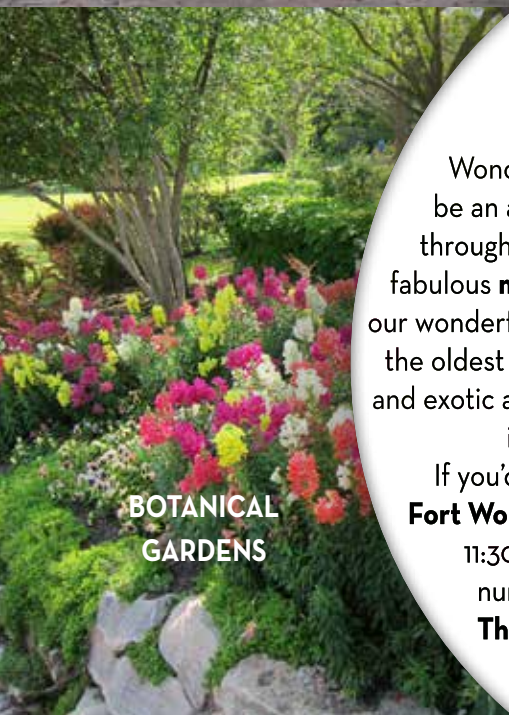




STOCKYARDS



MODERN ART  
MUSEUM

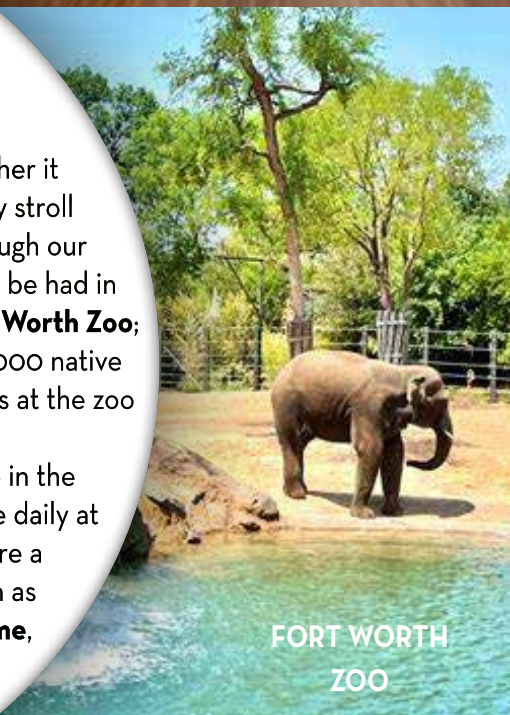


BOTANICAL  
GARDENS

## *Fun Activities in your town of Fort Worth!*

Wondering what to do this summer in Fort Worth? Whether it be an afternoon with the kiddos at **Burger Lake**, a leisurely stroll through the **Botanical Gardens**, or a day of wandering through our fabulous **museums**, there are plenty of family and adult fun to be had in our wonderful city! You don't have to be a kid to enjoy the **Fort Worth Zoo**; the oldest continuous zoo site in Texas. It houses more than 7,000 native and exotic animals. There are so many habitats and new exhibits at the zoo it would take a full day just to look at all the animals.

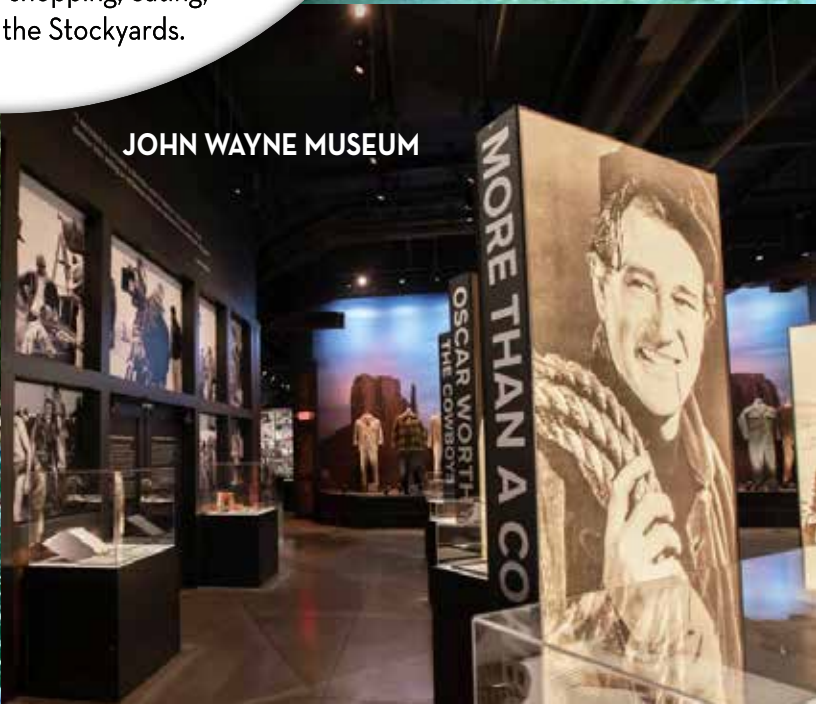
If you'd rather visit our western heritage, spend some time in the **Fort Worth Stockyards** where you can see a real cattle drive daily at 11:30 am and 4pm along East Exchange Avenue. There are a number of things to do and see in the **Stockyards** such as **The John Wayne Museum**, **The Bull Riding Hall of Fame**, **The Stockyards Museum** and even a championship rodeo! Lots of fun shopping, eating, two-steppin' in the Stockyards.



FORT WORTH  
ZOO



BURGER LAKE



JOHN WAYNE MUSEUM





# Welcome

## NEW MEMBERS

City Club welcomes the following members who enrolled and thanks the members who referred them.

**Carole Zuber Olson & Kevin Olson**

Carole: Lone Oak Trust Company

Kevin: Rent Group, Inc.

**Matthew & Marina Motet McCord**

Matthew: The Deena Jo Heide-Diesslin Foundation

Marina: Daily Dance Services

**Raul Vigil**

Apex Capital Corp

**Richard Martinez**

Apex Capital Corp

**Glenna McDonnell**

Ultrerra Drilling

**Luis & Anais Gomez**

Luis: BEPCO, L.P.

**Truett Knox**

Merrill Lynch

**Alfonso Ramirez**

Crestline Investors

**Jim Phillips**

Apex Capital Corp

**Alyssa Vaughn**

Apex Capital Corp

**Daniel Cook**

Loudermilk Law, PLLC

**Sean M. Lynch**

Cotten Schmidt, LLP

**Jeffrey Haskovec**

Jasper Ridge Services, LLC

**Leslie Camino**

Tokai Carbon CB

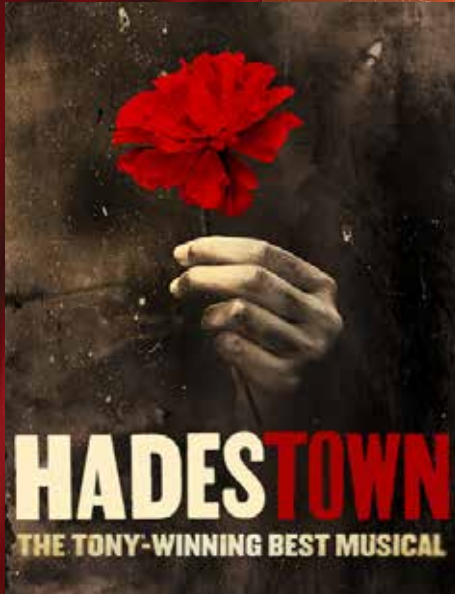
**Michael Speni**

Cadence Bank

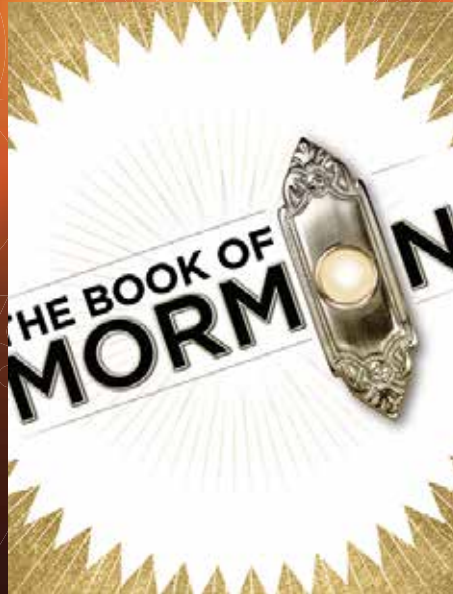
PRESENTED BY PNC BANK

# BASS

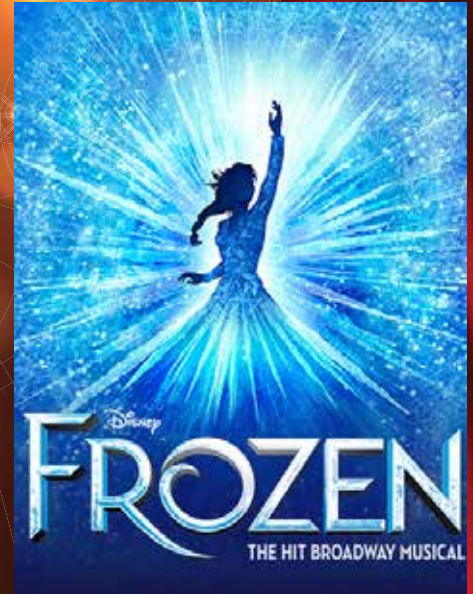
*Tell Craig or his staff you're attending  
a performance and receive a  
COMPLIMENTARY GLASS OF CHAMPAGNE  
(One for each ticket holder).*



JULY 1



JULY 28-30



AUGUST 10-20  
(EXCLUDES 8/14/23)



## City Center Bee Hive Update

It's once again time for the "City Center Hive" that resides on the Terrace outside the Grill to flourish!

Here's the update from the Alveole beekeeper Noni:

We are in our final preparations for our upcoming harvest this cycle, and I am excited to report that the City Center bees are bringing in tons of resources! They are looking happy and healthy, and they still have space to grow! We will be harvesting in June this year, and it's truly an exciting milestone. We harvest the honey in the least invasive and stress-free way for the bees by removing the frames of surplus honey that your hive produced, while leaving the bees in the hive. Once the frames are harvested, the City Center honey will travel to our extraction facility where we will extract, jar and label the honey. Once this process is complete, we will send the honey back to City Center to enjoy.

Stay tuned for some fun ways to enjoy some of the honey extracted from the City Center Hive!





# EMPLOYEE SPOTLIGHT

## IRMA GARCIA LINE CHEF



Irma Garcia has been with us for 19 years! She began as a Banquet Prep Cook and moved up to Line Chef where she assists the Chefs in preparing food for the restaurant.

Throughout the years Irma has learned our members "special requests" for their meals and makes sure to take care of them. Her commitment to doing things right has helped give City Club the great reputation it has for

excellent dining. City Club believes in serving perfection with every meal, enhanced by the warmest hospitality and unprecedented personal service. Irma gives her all to our Club and our Club members notice.

Irma is a mother and grandmother and enjoys cooking for her family on the weekends.

We so appreciate Irma and her willingness to help in the kitchen wherever she is needed.

Thank you, Irma!

# MEMBER SPOTLIGHT



Name of Member:

**Mr. Phil McCrury**

**What do you do for a living?**

Head of the Estate, Trust, and Probate Group at Kelly Hart & Hallman LLP

**Favorite Food at the Club?**

Caesar salad with salmon in the Terrace Room at noon, any fish special in the Terrace Room in the evening, and Mexican food Thursdays in the Grill Room

**Does any of the staff stand out in your opinion?** Peggie, Craig and the entire staff stand out in my mind because everyone is always courteous and helpful. Ann and I never had a bad experience with anyone at the Club.

**Have you utilized the meeting space at the club?** I am in the Club's meeting rooms upstairs multiple times a month for bar section meetings and CLE meetings. They work very well for such occasions, and my wife, Ann, has also used them. She joined a number of her friends from a local non-profit for a nice luncheon in the Library room just this past month.

**Do you have any special times you enjoy the club? (i.e. Wine Tastings/Bufets, Brunches, Happy Hours, etc.)**

Ann and I really enjoy dinner in the Terrace Room before going over to Bass Hall for the Symphony. We've also been to a number of spectacular special occasions in the main ball room and in the Oak Room, and had some forever memory special dinners in the Wine Room.

The City Club is a daily part of my life as one of the downtown working professionals in Fort Worth. It is hard to imagine my work days without the Club, all it offers to me personally, and as a place to take clients and other professional colleagues.



If you are interested in connection and collaboration, join  
Plaid for Women Impact Luncheon the second Tuesday of the month.

## ***Let's get together!***

**On Tuesdays, July 11th and August 8th from 11:30 a.m. to 1:00 p.m. at City Club**

**Members and their guests may make reservations at**

**817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com)**

**\$27.00 inclusive**

# FITNESS

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## FOR YOU

### SUMMER PERSONAL TRAINING SPECIAL

**Purchase a  
personal training package of  
five 30-minute sessions for  
the reduced price of \$100 and  
receive a \$50.00 Gift Certificate  
to the Terrace.**

**\*Package available July - August 2023.**

**Personal training sessions and  
Terrace credit must be  
redeemed in 2023.**

**There isn't any better value for training in Fort Worth!**





# FIND YOUR FITNESS

## Mondays

**Boot Camp MPS**  
6:00-7:00am  
Sally Greenwood

### F.I.T. MFC

6:30-7:15am  
Roland Mash

**Reformer Pilates PIL**  
7:30-8:20am  
Julie La Bruyere

**Pilates Mat PIL**  
9:00-9:50am  
Julie La Bruyere

### F.I.T. MFC

12:00-12:45pm  
Craig Burrell

**Reformer Pilates PIL**  
12:00-12:50pm  
Julie La Bruyere

**Cardio Blast MPS**  
12:00-12:45pm  
Sue Horton

**Back to Basics MPS**  
**-MEN ONLY-**  
12:20-1:00pm  
Roland Mash

### LEGEND

YS= Yoga Studio

MPS= Multi-Purpose Studio

PIL= Pilates Studio

WFC= Women's Fitness Center

MFC= Men's Fitness Center

## Tuesdays

**Weights & Cardio Circuit MFC**  
6:00-7:00am  
Sally Greenwood

### F.I.T. MFC

6:30-7:15am  
Roland Mash

### F.I.T. MFC

**-WOMEN ONLY-**  
6:30-7:30am  
Matt Burrell

**Reformer Pilates PIL**  
7:30-8:20am  
Julie La Bruyere

**Extreme Body Sculpt WFC**  
9:00-10:00am  
Sally Greenwood

**Abs Express WFC**  
10:00-10:30am  
Sally Greenwood

**Reformer Pilates PIL**  
11:00-11:50am  
Julie La Bruyere

**Barre It! Express YS**  
11:30-12:00 noon  
Sue Horton

**Abs Express MPS**  
11:45am-12:15pm  
Roland Mash

**Reformer Pilates PIL**  
12:00-12:50pm  
Julie La Bruyere

### F.I.T. MFC

12:00-12:45pm  
Craig Burrell

**Kettle Bells Express MPS**  
12:20-12:50pm  
Roland Mash

### Yoga YS

5:00-6:00pm  
Alexis Ackel

## Wednesdays

**Weights & Conditioning MPS**  
6:00-7:00am  
Sally Greenwood

### F.I.T. MFC

6:30-7:15am  
Roland Mash

**Reformer Pilates PIL**  
7:30-8:20am  
Julie La Bruyere

**Pilates Mat PIL**  
9:00-9:50am  
Julie La Bruyere

**Trinity Trails/Walk/Run**  
8:30-9:30am  
Sally Greenwood

### Barre It! YS

9:00-9:50am  
Sue Horton

**Reformer Pilates PIL**  
**-MEN ONLY-**  
10:45-11:35am  
Julie La Bruyere

**Reformer Pilates PIL**  
12:00-12:50pm  
Julie La Bruyere

**Cardio Blast MPS**  
12:00-12:45pm  
Sue Horton

### Yoga YS

12:00-1:00pm  
Shannon Jones

### F.I.T. MFC

12:00-12:45pm  
Craig Burrell

**Back to Basics MFC**  
**-MEN ONLY-**  
12:20-1:00pm  
Roland Mash

**Reformer Pilates PIL**  
5:30-6:20pm  
Sandy Mellina

## Thursdays

**Spin MFC**  
6:00-6:50  
Sally Greenwood

### F.I.T. MFC

6:30-7:15am  
Roland Mash

### F.I.T. MPS

**-WOMEN ONLY-**  
6:30-7:30am  
Matt Burrell

**Abs & More YS**  
6:50-7:15am  
Sally Greenwood

**Reformer Pilates PIL**  
7:30-8:20am  
Julie La Bruyere

**Extreme Body Sculpt WFC**  
9:00-10:00am  
Sally Greenwood

**Abs Express WFC**  
10:00-10:30am  
Sally Greenwood

**Reformer Pilates PIL**  
11:00-11:50am  
Julie La Bruyere

**Barre It! Express YS**  
11:30-12:00 noon  
Sue Horton

**Abs Express MPS**  
11:45am-12:15pm  
Roland Mash

**Reformer Pilates PIL**  
12:00am-12:50pm  
Julie La Bruyere

### F.I.T. MFC

12:00-12:45pm  
Craig Burrell

**Kettle Bells Express MPS**  
12:20-12:50pm  
Roland Mash

### Yoga YS

5:00-6:00pm  
Alexis Ackel

## Fridays

**Boot Camp MPS**  
6:00-7:00am  
Sally Greenwood

### F.I.T. MFC

6:30-7:15am  
Roland Mash

### F.I.T. MPS

**-WOMEN ONLY-**  
6:30-7:30am  
Matt Burrell

**Pilates Mat PIL**  
9:00-9:50am  
Sandy Mellina

**Reformer Pilates PIL**  
10:30-11:30am  
Sandy Mellina

### F.I.T. MFC

12:00-12:45pm  
Roland Mash

### Spin MFC

12:15-1:00pm  
Angela Fox

## Saturdays

**Yoga YS**  
10:15-11:15am  
Alexis Ackel

### Reformer Pilates:

\$15/class

\$144/12 classes

\$240/24 classes

**Everyone must**

**have (3) catch up**

**classes in order**

**to take**

**Reformer Pilates**

### F.I.T.

**(Men or Women)**

\$6.25/single class

\$50/8 classes

\$85/unlimited

classes

### ALL CLASSES ARE COED

### UNLESS SPECIFIED

City Club reserves the right to cancel or reschedule any class without prior notice. Call (817) 878-4094 for more information.

The location of the class is with the class name. A legend is at the bottom. If you have any questions on a specific class please call 817.878.4094 for the Women's Fitness Center and 817.878.4016 for the Men's Fitness Center.

The classes highlighted in orange have a fee associated with them.



# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Hundreds of projects for both film and television were filmed in whole or in part in Fort Worth?</b></p> <p>A few of the projects:  <b>A Ghost Story, The Old Man &amp; the Gun, Logan's Run, Walker, Texas Ranger, Miss Juneteenth, 12 Mighty Orphans, The Senior, and Taylor Sheridan's 1883.</b></p> <p>Gather some friends and family and let City Club handle the food and beverage for stress-free movie nights this summer.</p>						<b>1</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner <b>Hadestown</b> <b>1:30pm   7:30pm</b> <b>PAFW</b>
<b>2</b> Club Closed	<b>3</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch <b>BFF DAY IN THE FITNESS CENTERS</b>	<b>4</b> Club Closed	<b>5</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>6</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>LOBSTER NIGHT</b>	<b>7</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Friday Steak Night</b>	<b>8</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
<b>9</b> Club Closed	<b>10</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	<b>11</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Plaid for Women®</b>	<b>12</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>13</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>LOBSTER NIGHT</b> <b>WHITAKER/ CHALK LUNCH &amp; LEARN</b>	<b>14</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Friday Steak Night</b>	<b>15</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
<b>16</b> Club Closed	<b>17</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	<b>18</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>19</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>20</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Argentina and Chile Wine Tasting &amp; Buffet</b>	<b>21</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Friday Steak Night</b>	<b>22</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
<b>23 30</b> Club Closed	<b>24 31</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	<b>25</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>26</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>27</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>LOBSTER NIGHT</b>	<b>28</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>The Book of Mormon</b> <b>PAFW 7:30 pm</b> <b>Friday Steak Night</b>	<b>29</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner <b>The Book of Mormon</b> <b>PAFW</b> <b>1:30pm   7:30pm</b>

## POLICY REMINDERS

**CANCELLATION POLICY.** There is a 72-hour cancellation notice on all special events at the Club unless otherwise noted. If a cancellation is made after the 72-hour deadline, the member's account will be charged. We will do our best to confirm reservations. It is, however, the member's responsibility to cancel any reservations.

**PHOTOGRAPHY POLICY.** Members are encouraged to utilize the Club for photograph sittings. Due to security and scheduling issues, it is necessary to reserve a time and space in advance by contacting Catering Manager, Kelly Norvell at 817.878.4051. Unscheduled photography is not permissible.



# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>2</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>3</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner  <b>LOBSTER NIGHT</b>	<b>4</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner  <b>Friday Steak Night</b>	<b>5</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC)  To Go Meals and Dining for Dinner
<b>6</b> <b>Club Closed</b>	<b>7</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch  <b>BFF DAY IN THE FITNESS CENTERS</b>	<b>8</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner  <b>Plaid for Women®</b>	<b>9</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>10</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Disney's FROZEN PAFW 7:30pm</b> <b>Peggie's Retirement Party</b> <b>WHITAKER/ CHALK LUNCH &amp; LEARN</b> <b>LOBSTER NIGHT</b>	<b>11</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner <b>Disney's FROZEN PAFW 7:30pm</b>  <b>Friday Steak Night</b>	<b>12</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC)  To Go Meals and Dining for Dinner <b>Disney's FROZEN PAFW 1:30pm   7:30pm</b>
<b>13</b> <b>Club Closed</b>	<b>14</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch	<b>15</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner <b>Disney's FROZEN PAFW 7:30pm</b>	<b>16</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner <b>Disney's FROZEN PAFW 7:30pm</b>	<b>17</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals for Lunch & Dinner <b>Disney's FROZEN PAFW 7:30pm</b>  <b>Oregon &amp; Washington State Wine Tasting &amp; Buffet 5:30pm – 8:00pm</b>	<b>18</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner <b>Disney's FROZEN PAFW 7:30pm</b>  <b>Friday Steak Night</b>	<b>19</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC)  To Go Meals and Dining for Dinner <b>Disney's FROZEN PAFW 1:30pm   7:30pm</b>
<b>20</b> <b>Club Closed</b>	<b>21</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch	<b>22</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>23</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>24</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner  <b>LOBSTER NIGHT</b>	<b>25</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner  <b>Friday Steak Night</b>	<b>26</b> Fitness 9am – 1pm (WFC) 8am – 2pm (MFC)  To Go Meals and Dining for Dinner
<b>27</b> <b>Club Closed</b>	<b>28</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch	<b>29</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>30</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner	<b>31</b> Fitness 5am – 6:30pm (WFC) 5am – 7pm (MFC)  To Go Meals and Dining for Lunch & Dinner  <b>LOBSTER NIGHT</b>		

## RESERVATIONS, PLEASE.

City Club Management and Staff always do their utmost to ensure your dining experience at the Club is the very best it can possibly be. Certain days, and times of day, are busier than others due to seasonal events and celebrations. Member reservations for lunch and dinner assist the Club in consistently providing the level of service you deserve. A telephone call to the Club's Receptionist at 817.878.4000, letting us know when you will be coming, how many are in your party, and whether you wish to dine in the Oak Room or the Terrace, will provide seamless enjoyment of your visit to City Club. Any special requests may also be made at this time.

## GARAGE PARKING

As a privilege of membership, City Club provides complimentary parking for up to 3 hours in City Center Garages 1 and 2, which are attached via skybridge to the Bank of America Tower.

City Center Parking Garage Management establishes the schedule of parking fees for time over the complimentary 3 hours. After the complimentary 3 hours, the schedule of fees is:

- \$3 for 0-1 hr \$9 for 2.5-3 hrs
- \$6 for 1-2 hrs \$12 for 3-4 hrs
- \$7 for 2-2.5 hrs \$15 for over 4 hrs

Parking fees are paid when exiting the garage.

City Club will validate garage parking at the 3rd floor Reception Desk when members are dining at the Club. Parking may also be validated at each Fitness Desk in the Women's and Men's Fitness Centers. It is suggested members park in Garage 11 (Calhoun St. entrance) when visiting the Club.

# CITY CLUB

F O R T W O R T H  
downtown's business, fitness & social club

301 Commerce Street  
Fort Worth, TX 76102

## Operation Hours

Last reservation can be seated at 7:00 pm. Club closes at 8:00 pm.

### The Terrace Room

Reservations 817.878.4000  
reception@cityclubfw.com  
Lunch Monday - Friday  
11:30 am - 2:00 pm  
Cocktails Tuesday - Saturday  
4:00 pm - 8:00 pm  
Dinner 4:00 pm - 8:00 pm

### \*The Oak Bar (Private Dining)

Reservations 817.878.4000  
reception@cityclubfw.com  
Lunch Tuesday - Friday  
11:30 am - 2:00 pm  
Dinner Tuesday - Saturday  
4:00 pm - 8:00 pm

\*Available by advanced reservation only

### The Grill Room

Reservations 817.878.4000  
reception@cityclubfw.com  
Lunch Monday - Friday  
11:30 am - 2:00 pm

### Fitness Centers

Men's Fitness Center 817.878.4016  
Monday - Friday: 5:00 am - 7:00 pm  
Saturday: 8:00 am - 2:00 pm  
Women's Fitness Center 817.878.4094  
Monday - Friday: 5:00 am - 6:30 pm  
Saturday: 9:00 am - 1:00 pm

### Accounting

Paula Muller 817.878.4087  
pmuller@cityclubfw.com

### For Reservations and Information

Management Offices 817.878.4000  
Monday - Friday 9:00 am - 5:00 pm

### General Manager

Craig Halvorson 817.878.4077  
chalvorson@cityclubfw.com

### Membership Director

Matt Burrell 817.878.4088  
mburrell@cityclubfw.com

### Catering

Kim Keen 817.878.4028  
kkeen@cityclubfw.com  
Kelly Norvell 817.878.4051  
knorvell@cityclubfw.com

The City Club is closed on  
Sunday and Monday for Dinner,  
except for special occasions.

City Club reserves the right to close the restaurants early if there are no reservations and no patrons.