

CITY CLUB

F O R T W O R T H

www.cityclubfw.com

A NewsMagazine for Members of City Club



Happy Holidays

HOME FOR THE HOLIDAYS WITH KELLY NORVELL

PARADE OF LIGHTS

THANKSGIVING AND CHRISTMAS HOLIDAY TO-GO MEALS

SUNDAY BRUNCH WITH SANTA

HOLIDAY LUNCH IN THE OAK ROOM

817.878.4000

NOVEMBER/DECEMBER 2023



Craig Halvorson
General Manager

MESSAGE FROM THE GENERAL MANAGER

On behalf of myself and the entire City Club Staff, it is my pleasure to wish you and your family a joyous holiday season and a happy, healthy and prosperous New Year.

Ok, Let's get down to business!

On **Sunday November 19th** we have our **Parade of Light** viewing and dinner buffet planned. We are very fortunate to have this event already sold out so early this year. For those of you who have reservations, please be sure to plan on arriving downtown early to avoid heavy traffic and street closures. Your reserved table will be ready at 4:15 and Chef Gilbert will have the Buffet ready at 5:30.

Our culinary team will once again be preparing **Thanksgiving Meals to-go. See page 6 for details.** Please place your order by Friday November 17th by 12:00 Noon and you will be able to pick up on Tuesday November 21st or Wednesday November 22nd. *The Club will be Closed on November 23rd and 24th for the Thanksgiving Holiday. We will be back open for dinner on Saturday November 25th.*

On **Sunday, December 10th** we will be having our **Sunday Brunch with Santa!** We will have two seatings, 10:30 and 12:30. You will enjoy an amazing Buffet and Santa Clause will be here for pictures. On Wednesday December 20th we will have a Holiday Lunch Buffet in the Oak Room. This is a great opportunity to bring folks from the office to the Club and enjoy a nice meal together before the Christmas Break. We will also be preparing **Christmas Meals to-go** this year. **See page 6 for details.** Please place your order by Friday December 15th by 12:00 Noon and you will be able to pick up on Friday December 22nd or Saturday December 23rd. *The Club will be closed from Sunday December 24th thru Tuesday December 26th. We will be back open on Wednesday December 27th.*

Please read through the news magazine and check out all of the events and happenings we have going on at the Club during November & December. Don't

forget every Thursday night in the Terrace Room we have our Lobster Dinner Special, it really is a fabulous meal at a good price. And of course, we finish off each work week with our Friday Night Steak Special. Please be sure to call ahead to make your reservation before heading to the Club, we will have your table ready for you upon arrival.

As we look forward to 2024, let us all be grateful for our many blessings, a new year of hope, and a season of opportunities.

**Merry Christmas, Happy Holidays and
Best Wishes for the New Year!**

Thank you, see you around the Club!



MEMBER DINING

Take-out Orders 817-878-4000

Lunch: Monday - Friday 11:30 am - 2:00 pm

Dinner: Tuesday - Saturday 4:00 pm - 7:00 pm



Oak Bar - reservations are required at 817-878-4000

Lunch: Monday - Friday 11:30 am to 2:00 pm

Dinner: Tuesday - Saturday 4:00 pm to 8:00 pm



Terrace Room

Lunch: Tuesday - Friday 11:30 am to 2:00 pm

Dinner: Tuesday - Saturday 4:00 pm to 8:00 pm

Last seating at 7:00 pm



The Grill Buffet

Lunch: Monday - Friday 11:30 am - 2:00 pm

If you haven't yet attended an informative lunch you are missing out. You have an experienced attorney discussing a specific area of the law.
You always learn something new and lunch is complimentary!

HOSTED BY



WHITAKER CHALK
SWINDLE & SCHWARTZ PLLC
ATTORNEYS & COUNSELORS

In Partnership with City Club

**Complimentary for
City Club Members and their Guests.**
Lunch and Speaker—Noon to 1:30 p.m.

THURSDAY, NOVEMBER 9

*"The Texas Data Privacy
and Security Act"*

Melissa Clark



Reservations required.

**RSVP: bdubose@whitakerchalk.com or
leave reservation voice message at 817-878-0519.**

LOBSTER NIGHT

THURSDAYS



Not Available on
Member Wine Tasting Nights

SOUP

Lobster Bisque with Blue Lump Crab

ENTRÉE

Steak and Lobster Oscar
Grilled 4 oz. Beef Tenderloin
Topped with a

Cold Water Lobster Tail and Asparagus

Herb Whipped Potatoes
Bernaise Sauce

\$42.00 (plus tax and gratuity)

Friday Steak Night

Every Friday Night at the Club

Choice of First Course:

Caesar Salad or Seafood Gumbo

Entrée:

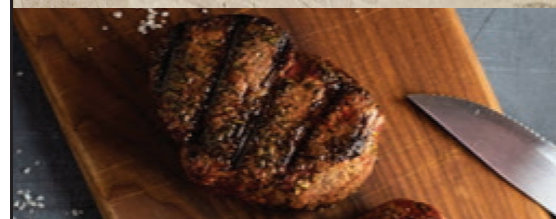
Chef's Choice Hand Cut Steak
Served with Grilled Vegetables and
Twice Baked Potato

\$26

Bottle of Wine Special

Managers Selection Red or White Wine

\$30



**For reservations, please contact the
Receptionist at 817.878.4000 or
reception@cityclubfw.com**



Sunday with Santa

Sunday, December 10th

10:30 and 12:30 p.m.

Breakfast and Brunch Buffet Menu

Santa Claus and his Elves will land the sleigh at the City Club again for this beloved holiday tradition. Bring the entire family and have this special occasion captured with a complimentary photo portrait.

Parents, if you would like Santa to present a gift to your child, please deliver it to the Club's Reception Desk no later than Wednesday, December 6th at 5 pm.

Gifts must be wrapped and tagged with the member's name and the child's FIRST AND LAST NAME.

BREAKFAST STATION

Made-to-Order Omelets
Sausage
Applewood Smoked Bacon
Scrambled Eggs
Breakfast Potatoes
Sliced Fruit
Mini Quiche Wedges
Breakfast Breads and Pastries

BRUNCH BUFFET/ SALADS & STARTERS

Winter White Salad
with Tomato and Cucumber
Butternut Squash Salad
with Cranberries and Pecans
Ranch Dressing and Balsamic Vinaigrette
Shrimp Cocktail
with Lemons and Cocktail Sauce
Assorted Fresh Sushi

ENTREES

Baked Lemon Sole
with Lemon Cream Sauce
Chicken Piccata
Buttermilk Fried Chicken

CARVING STATION

Beef Tenderloin
Creamy Horseradish and Rosemary Mustard

SIDES

Roasted Sweet Potatoes
Brussels Sprouts and Onions
Yukon Gold Mashed Potatoes
Mixed Vegetables
Broccoli Rice Casserole

CHILDREN'S BUFFET

Chicken Tenders
Macaroni and Cheese
Broccoli and Carrots
Penne Pasta
Marinara Sauce Alfredo Sauce

DESSERT STATION

Christmas Petit Fours
Bailey's Crème Brule Cake
Strawberry Cake
Yule Logs
Pumpkin Cheesecake
Glazed Christmas Cookies
Chocolate Eggnog Bread Pudding
Santa Hats
Pecan Pie

Adults: \$59 (includes complimentary Mimosas or Champagne)

Children Ages 3-12: \$38 Plus tax and gratuity

Children under age 3 are complimentary

Reservations required. Please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com.

CANCELLATION POLICY IN EFFECT: Cancellation of reservation or decrease in number of guests after 10 a.m. on Wednesday, December 6th will result in full price charge to member's account.

No time for an office Holiday Party?

Treat your employees to a sumptuous brunch buffet featuring holiday favorites, champagne and decadent desserts!



Buffet Menu

Greek Shrimp Salad
Sliced Fruit
Strawberry Spinach Salad
Tomato Basil Chicken
with Mozzarella
Red Snapper Piccata
Beef Bourguignon
Sauteed Broccoli
with Mushrooms and Parmesan
Rosemary Balsamic Baby Potatoes
Brandy-Glazed Carrots
Dessert Station
Ice Tea and Coffee



The Oak Room
Wednesday, December 20th
11:30 am – 1:30 pm
\$39.00 (plus tax and gratuity)
Please contact the Receptionist for
Reservations at 817.878.4000 or
reception@cityclubfw.com

New to the Cellar

From Craig Halvorson



#4 Wine Spectator's Top 100 of 2022
2019 Chateau Talbot

96 points Wine Enthusiast

95 points James Suckling

95 points Wine Spectator

This month I would like to introduce to you our newest wine from the Club's Bordeaux selections. The 2019 Chateau Talbot from the Saint Julien region in Bordeaux. This wine is from the outstanding 2019 vintage is 69% Cabernet Sauvignon, 26% Merlot and 5% Petit Verdot. It was aged 15 months in oak barrels, 60% new.

"Well-built and rather refined for the vintage, with a deep well of red and black currant paste and plum reduction flavors supported by a deeply inlaid iron note, all of which run the length of the wine. Offers subtle savory, tobacco and singed cedar notes that add range, with a savory echo that leaves a mouthwatering feel in the end. Built to cellar. Cabernet Sauvignon, Merlot and Petit Verdot. Best from 2025."

- Wine Spectator



The Cordier family purchased the estate in 1918 and have run it ever since. This Médoc Grand Cru Classé Fourth Growth, Chateau Talbot comprises 264 acres of a single vineyard in the heart of Saint-Julien, an outstanding appellation as it counts no fewer than 11 classified growths. Ideally situated on the banks of the Gironde estuary on hilltops of alluvial gravel carried by the Dordogne River from the Massif Central and from the Pyrenees by the Garonne, Chateau Talbot's terroir is exceptional. The vines average 45 years of age.

***This Wine will be listed in our
Restaurants Wine List - \$150***



Good Info to Know!

GENERAL CATERING INFORMATION/ FOOD AND BEVERAGE: As stated in our contracts: "Gourmet and custom menus are available upon request. Excess food or beverage may not be taken from the Club. Guests may not bring food or beverage (alcoholic or otherwise) into the Club from outside sources. Specialty desserts may be brought into the Club with approval from a Catering Manager. City Club must provide ALL food and beverage except the above mentioned items and with the approval from a Catering Manager. There will be a sur-charge assessed if any outside food is brought in."

WANT TO SEE YOUR STATEMENT OR EDIT YOUR CONTACT INFORMATION?

Go to City Club's website:

<https://www.cityclubfw.com>, log into or register your account and go to Member Central.

PARKING GARAGE REMINDER: Parking Garage 1 (entrance on Commerce Street) closes at 6:00 pm. If you enter before that time you will still be able to exit when you are ready. If you arrive after 6:00 pm, please use Parking Garage 2 (entrance on Calhoun Street close to Bass Hall). Always bring your parking ticket with you to have it validated.

VALET: Valet is provided to our members and guests between the hours of 6:00 am and 5:45 pm at a rate of \$5.00. If you choose to deal directly with the valet company the cost is \$20.

How to Use Self Validation:

1. You will receive a text from the valet company
2. Click on the text link to the Digital Valet Ticket
3. Select "Validate Parking"
4. Select the location name from the list (City Club BOA)
5. Present phone screen to the receptionist at City Club
6. Staff will enter 4-digit Code and click OK
7. Parking is now validated and you will receive a text message verifying your ticket has been validated (if enabled)
8. You may charge to your account or pay with cash or a credit card to the receptionist

City Club's Parade of Lights **SOLD OUT!** & Buffet Dinner

Sunday November 19th

Buffet with Window Table Seating Included
Adults \$59 | Children Ages 3 through 12 \$39

Schedule of Events:

City Club Doors and Bar Open at 4:15 p.m.
Buffet open from 5:30 until 7:00 p.m.

Advance Reservations Required.

Call 817-878-4000.

Attendees are **highly encouraged** to arrive downtown early to avoid traffic congestion, road closures, and parking problems.

We ask our Members with advance reservations to please inform their guests of the importance of arriving in downtown early.

Member accounts will still be charged for any guests unable to arrive.

Due to the extreme popularity of this event, the Cancellation/Change Policy requires notification no later than Thursday, November 16th by 4:00 p.m.

Questions?

Please email:

Craig Halvorson - General Manager
chalvorson@cityclubfw.com



Ready, Set, Decorate!

IT'S TIME TO UNLEASH YOUR INNER HOLIDAY SPIRIT & BRING FESTIVE CHEER TO YOUR HOME.

HOME FOR THE HOLIDAYS A HANDS-ON EXPERIENCE

Thursday, November 16, 2023

5:30 to 7:30 pm

Hors D' Ouvre's, Bar and Supplies will be provided
Our social catering manager, Kelly Norvell, TMF, AIFD
will provide all the instructions.

Let the holidays begin!

LIMITED SEATING RESERVATIONS REQUIRED

\$25 per person ++

Call 817-878-4051

Reservation deadline is Monday, November 13

CHRISTMAS IS RIGHT AROUND

Let the countdown begin!

5... 4... 3... 2... 1... Oh, What Fun!

It's time to get your Corporate Christmas Party booked! **Don't miss out on getting the date you want.**

City Club features 9 different size private rooms and can accommodate from 5 to 250 people.

Let Chef Gilbert create the perfect menu for a breakfast, lunch or dinner Holiday Celebration.

With Christmas only 2 months away it's time to call Kim Keen our Corporate Catering Manager.

**Contact Kim Keen, Catering Sales Manager at
kkeen@cityclubfw.com and 817-878-4028**

THE CORNER!



THANKSGIVING & CHRISTMAS TAKE-OUT DINNERS

*Holiday Shopping Tip
Many Members have given
these special dinners as gifts!*

*You set the table,
We'll Do The Cooking*

City Club is continuing its long tradition of preparing Holiday meals to-go this year. To all of our Club Members who have been ordering these meals for years - We look forward to preparing your order this year as well. For our newer Club Members - you might want to give this a try. You may never want to cook a Turkey again! Our meals are perfectly packaged in aluminum pans to make reheating simple. Chef Gilbert also makes sure each to-go order has reheating instructions included.

Important Dates for Orders and pick up

THANKSGIVING ORDERS MUST BE PLACED BY FRIDAY, NOVEMBER 17TH BY 12 NOON.

PICK UP order **Tuesday, November 21st** or **Wednesday, November 22nd** between 11:00 am - 5:30 pm

CHRISTMAS ORDERS MUST BE PLACED BY FRIDAY, DECEMBER 15TH BY 12 NOON.

PICK UP order **Friday, December 22nd** or **Saturday, December 23rd** between 11:00 am - 5:30 pm

To place your order, please contact Carol Roszell at 817.878.4084 or email crosszell@cityclubfw.com.

CANCELLATION POLICY: ORDERS CANCELLED LESS THAN 72 HOURS PRIOR TO SCHEDULED PICK UP DATE WILL BE CHARGED TO THE MEMBER'S ACCOUNT

<input type="checkbox"/> Pre-Cooked Turkey (De-boned & sliced) (serves 10-12)	\$95.00
<input type="checkbox"/> Pre-Cooked Turkey (Whole) (serves 10-12)	\$95.00
<input type="checkbox"/> Pre-Cooked Ham (Sliced) (serves 10-12)	\$85.00
<input type="checkbox"/> Diced Candied Yams, Three pounds (serves 10-12)	\$18.00
<input type="checkbox"/> Club made Stuffing, Three pounds (serves 10-12)	\$20.00
<input type="checkbox"/> Giblet Gravy One quart (serves 5-6)	\$10.00
<input type="checkbox"/> Cranberry Relish One quart (serves 6-8)	\$10.00
<input type="checkbox"/> Mashed Potatoes (serves 10-12)	\$18.00
<input type="checkbox"/> Citrus Glazed Carrots (serves 10-12)	\$20.00
<input type="checkbox"/> Brussels Sprouts (serves 10-12)	\$20.00
<input type="checkbox"/> Assorted Dinner Rolls Wheat, Ciabatta, White, Sesame (12 rolls)	\$10.00
<input type="checkbox"/> Pumpkin Pie (serves 6-8)	\$25.00
<input type="checkbox"/> Bourbon Pecan Pie (serves 8-10)	\$38.00
<input type="checkbox"/> Apple or Cherry Cobbler (serves 8-10)	\$20.00
<input type="checkbox"/> Bread Pudding (serves 8-10)	\$25.00

Plus Service Charge and Tax



Planning a spring wedding or party?



HERE ARE 7 REASONS WHY YOU SHOULD CONSIDER CITY CLUB FOR YOUR NEXT EVENT:

1. You don't need to be a member to have an event here, but if you are, you will receive room discounts.
2. We still have a lot of Saturday dates open in the Spring in a variety of different rooms. However, they are going fast!
3. Parking is complimentary in City Center Garage 2 all day on Saturdays and after 6 pm during the week.
4. Why cook, serve and clean when we can do it for you and you can enjoy your guests?
5. Getting this process started before the holidays will make for less stress, and give you more time to plan.
6. We are here to help you select your vendors, work with you on a diagram and timeline, and make sure the event runs smooth.
7. Our food is outstanding (and so is our service!)

NEED MORE INFORMATION?



@cityclubfwevents

Please email Kelly Norvell at knorvell@cityclubfw.com or call her at 817-878-4051

WELCOME NEW MEMBERS

City Club welcomes the following members and thanks the members who referred them.

Daniel Henderson
Apex Capital Corp.

Gloria Lindsey
Crestline, Inc.

Kimberly Mello-Maher
Autoclaim Specialists

Rebecca Chandler
Crestline, Inc.

Jonathan Baldwin
Luther King Capital Management

William Kleinheinz
Luther King Capital Management

Jennifer O'Keefe
C&S Air, Inc.

Derek O'Keefe
C&S Air, Inc.

Collin Harrison
Bepco, LP.

Fernando Andrade
Apex Capital Corp.

Jennifer Lance
Apex Capital Corp.

Nicolas Posada
Ultrerra Drilling Technology

Matthew Mingenback
Fitech

Lora Wait
Trinity Oaks Mortgage

Hunter Goens
Jasper Ridge Partners

Wesley Fancher
Apex Capital Corp.

Jayson Nag
Nag Lawfirm, P.C.

Courtney and Shelby O'Keefe

FORT WORTH STOCK SHOW & RODEO

est. 1896

This Thing is Legendary®!

IT'S NOT JUST A SLOGAN.

**It's why the Fort Worth Stock Show & Rodeo
is the most authentic western lifestyle experience
anywhere - since 1896.**

**It's exciting, it's fun, it's 23 days of what makes
Fort Worth the greatest city in Texas!**

January 12–February 2, 2024

Get all the information you need at

www.fwssr.com

November & December are Bordeaux Months at the Club!

Each Evening in the Terrace we will
feature a Vintage Bordeaux from the
City Club's Wine Cellar.

Please ask your Bartender or Server
about the Evening Special
Bordeaux By-the-Glass offering.



Welcome to the Reciprocal Club Showcase **Washington Athletic Club**

The Washington Athletic Club, founded in 1930, is a private
social and athletic club located in downtown Seattle.

The 21-story WAC clubhouse opened in December 1930, and was designed
in the Art Deco style by Seattle architect Sherwood D. Ford.

The club offers fitness centers, multiple restaurants,
nightly accommodations and a spa, salon and barbershop.

**Contact Matt Burrell—Membership Director, before your next
trip to Seattle, WA and get set up to enjoy all the amenities
offered at the Washington Athletic Club.
mburrell@cityclubfw.com or 817-878-4088**

FORT WORTH PERFORMANCES

You Don't Want To Miss!

Make your dinner reservations before the show.
at 817.878.4000 or reception@cityclubfw.com.

Tell Craig or
his staff
you're attending
a performance and
receive a
**COMPLIMENTARY
GLASS OF CHAMPAGNE**
(One for each ticket
holder).



NOVEMBER 28 - DECEMBER 3
SIX THE MUSICAL



NOVEMBER 3 - NOVEMBER 5
THE FWSO DJ CHECK: BAROK AND RACHMANINOFF

NOVEMBER 10 - NOVEMBER 12
BOND AND BEYOND

NOVEMBER 17 - NOVEMBER 19
MERMAIDS FROM ZEMLINSKY AND BRAHMS

NOVEMBER 24 - NOVEMBER 26
HOME FOR THE HOLIDAYS



DECEMBER 8 - DECEMBER 24
NUTCRACKER



EMPLOYEE SPOTLIGHT

This issue we have the opportunity to celebrate our own **Sue Horton**! Sue is our Women's Fitness Center Manager and does a wonderful job juggling all the intricacies of the position. She must provide support for her employees while also managing her own training clients and classes. Check out the fitness schedule to try some of her offerings. Sue knows what she is doing when it comes to fitness, please read more about her as a person below. Thank you for all you do for the City Club Sue!



Sue is certified by the American College of Sports Medicine and she has a B.S. in Sport and Exercise Science. It is hard to mistake Sue's accent as a New Yorker, as she moved here in 1995 to work at the club. It was time to start a family and she is proud to share she has two wonderful boys, whom she stayed home with in 2006. Sue was able to come back to the City Club in 2012 as Manager of the Women's Fitness Center. Some of her favorite things about working at the club are that while, not too small, we are small enough to be able to know each member and build lasting relationships that grow beyond the club a lot of times. She loves teaching her classes, which include, Barre, Women's F.I.T. and Cardio Blast.

Her true joy in life comes from her family. Her two boys, Dylan and Cameron, have shown her that being a mom is the most rewarding job she could ever dream of. Last but not least, Sue loves doggies! She has her own and loves to dog sit for many of her City Club clients.

MEMBER SPOTLIGHT



MR. BLAKE HARRIS

What do you do for a living?

Founder of Brazos Royalty Group, LP. I buy mineral royalties and non-operated working interests.

What drew you to the club?

The location. I office next door, so I have no excuse to not get a workout in.

Favorite Food at the Club?

Being able to walk in the grill and eat fish or chicken and veggies has been a game changer in helping me eat healthier. My cheat meal favorite is the grill's beef tips and mushrooms with mashed potatoes. Also, I could eat a whole plate of the peanut butter balls in the gym.

Does any of the staff stand out in your opinion?

Este, Ka, Craig, Roland, Matt, Richard, Luc, Danny, and Anapau are the ones I see most. All awesome. Everyone is happy, and from what I've gathered so far, a lot of the staff have worked there for a long time. I think this says a lot about the leadership and culture of the club - a solid group.

Have you utilized the club for any special events?

My wife, Marilyn, celebrated her birthday by having dinner in the wine room with a group of her friends. There's something really cool about privately sharing a fine meal in a room surrounded by wine bottles. I'd recommend that experience to anyone. Kim Keen made the planning very smooth. Jose and Dora made the guests feel special, and the food was fantastic.



Plaid
for Women®

If you are interested in connection and collaboration, join Plaid for Women Impact Luncheon the second Tuesday of the month.

Let's get together!

On Tuesdays, November 14th, 2023 and December 12, 2023

from 11:30 a.m. to 1:00 p.m. at City Club

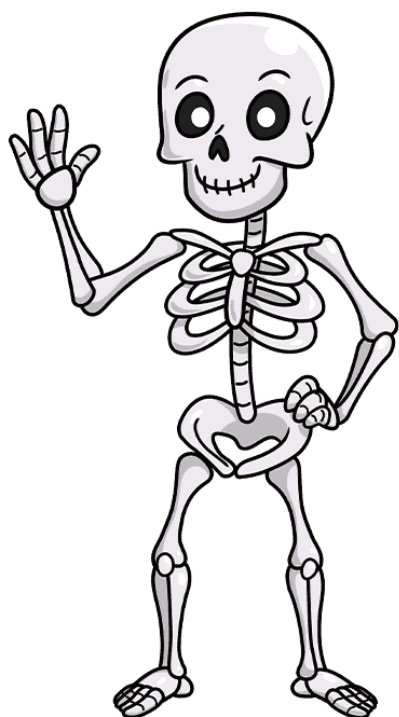
Members and their guests may make reservations at 817.878.4000 or reception@cityclubfw.com
\$27.00 inclusive

FITNESS



There is a myth out there in the world that lifting weights, as a woman, will make you look manly and bulky. I am here to tell you this is completely and utterly untrue. I have personally worked resistance training into my program for 25 years (as a man) and have never gotten bulky and "huge". Below are some positive points to resistance training and why everyone should be doing at least a little bit of it.

- Matt Burrell, Director of Membership



USE IT OR LOSE IT

Lean muscle mass naturally diminishes with age.

Your body fat percentage will increase over time if you don't do anything to replace the lean muscle you lose over time. Strength training can help you preserve and enhance your muscle mass at any age.

Strength training may also help you:

Develop strong bones. By stressing your bones, strength training can increase bone density and reduce the risk of osteoporosis.

Manage your weight. Strength training can help you manage or lose weight, and it can increase your metabolism to help you burn more calories.

Enhance your quality of life. Strength training may enhance your quality of life and improve your ability to do everyday activities. Strength training can also protect your joints from injury. Building muscle also can contribute to better balance and may reduce your risk of falls. This can help you maintain independence as you age.

Manage chronic conditions. Strength training can reduce the signs and symptoms of many chronic conditions, such as arthritis, back pain, obesity, heart disease, depression and diabetes.

If you are new to the gym or have never practiced resistance training please talk to **Craig Burrell or Sue Horton** down in our fitness centers and ask them for tips or pointers to get you comfortable and started!

cburrell@cityclubfw.com and WFC@cityclubfw.com



FIND YOUR FITNESS

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
Boot Camp MPS 6:00-7:00am Sally Greenwood F.I.T. MFC 6:30-7:15am Roland Mash Reformer Pilates PIL 7:30-8:20am Julie La Bruyere Pilates Mat PIL 9:00-9:50am Julie La Bruyere F.I.T. MFC 12:00-12:45pm Craig Burrell Reformer Pilates PIL 12:00-12:50pm Julie La Bruyere Cardio Blast MPS 12:00-12:45pm Sue Horton Back to Basics MPS -MEN ONLY- 12:10-12:45pm Roland Mash	Circuit City MFC 6:00-7:00am Sally Greenwood F.I.T. MFC 6:30-7:15am Roland Mash F.I.T. WFC -WOMEN ONLY- 6:30-7:15am Sue Horton Reformer Pilates PIL 7:30-8:20am Julie La Bruyere Extreme Body Sculpt WFC 9:00-10:00am Sally Greenwood Abs Express WFC 10:00-10:30am Sally Greenwood Reformer Pilates PIL 11:00-11:50am Julie La Bruyere Barre It! Express YS 11:30-12:00 noon Sue Horton Abs Express MPS 11:45am-12:15pm Roland Mash Reformer Pilates PIL 12:00-12:50pm Julie La Bruyere F.I.T. MFC 12:00-12:45pm Craig Burrell Kettle Bells Express MPS 12:20-12:50pm Roland Mash Yoga YS 5:00-6:00pm Alexis Ackel	Pump It Up! MPS 6:00-7:00am Sally Greenwood F.I.T. MFC 6:30-7:15am Roland Mash Reformer Pilates PIL 7:30-8:20am Julie La Bruyere Pilates Mat PIL 9:00-9:50am Julie La Bruyere Trinity Trails/Walk/Run 9:30-10:00am Sally Greenwood Barre It! YS 9:00-9:50am Sue Horton Reformer Pilates PIL 11:00-11:50am Julie La Bruyere Reformer Pilates PIL 12:00-12:50pm Julie La Bruyere Cardio Blast MPS 12:00-12:45pm Sue Horton Yoga YS 12:00-1:00pm Shannon Jones F.I.T. MFC 12:00-12:45pm Craig Burrell Back to Basics MFC -MEN ONLY- 12:10-12:45pm Roland Mash Reformer Pilates PIL 5:30-6:20pm Sandy Mellina	Spin MFC 6:00-6:50 Sally Greenwood F.I.T. MFC 6:30-7:15am Roland Mash Abs Express MFC 6:50-7:15am Sally Greenwood Reformer Pilates PIL 7:30-8:20am Julie La Bruyere Extreme Body Sculpt WFC 9:00-10:00am Sally Greenwood Abs Express WFC 10:00-10:30am Sally Greenwood Reformer Pilates PIL 11:00-11:50am Julie La Bruyere Barre It! Express YS 11:30-12:00 noon Sue Horton Abs Express MPS 11:45am-12:15pm Roland Mash Reformer Pilates PIL 12:00am-12:50pm Julie La Bruyere F.I.T. MFC 12:00-12:45pm Craig Burrell Kettle Bells Express MPS 12:20-12:50pm Roland Mash Yoga YS 5:00-6:00pm Alexis Ackel	Boot Camp MPS 6:00-7:00am Sally Greenwood F.I.T. MFC 6:30-7:15am Roland Mash F.I.T. WFC -WOMEN ONLY- 6:30-7:15am Sue Horton Pilates Mat PIL 9:00-9:50am Sandy Mellina Reformer Pilates PIL 12:00-1:30pm Sandy Mellina F.I.T. MFC 12:00-12:45pm Roland Mash Spin MFC 12:15-1:00pm Angela Fox	Yoga YS 10:15-11:15am Alexis Ackel Reformer Pilates: \$15/class \$144/12 classes \$240/24 classes <i>Everyone must have (3) catch up classes in order to take Reformer Pilates</i> F.I.T. (Men or Women) \$6.25/single class \$50/8 classes \$85/unlimited classes
LEGEND YS= Yoga Studio MPS= Multi-Purpose Studio PIL= Pilates Studio WFC= Women's Fitness Center MFC= Men's Fitness Center					

ALL CLASSES ARE COED UNLESS SPECIFIED

City Club reserves the right to cancel or reschedule any class without prior notice. Call (817) 878-4094 for more information.

The location of the class is with the class name. A legend is at the bottom. If you have any questions on a specific class please call 817.878.4094 for the Women's Fitness Center and 817.878.4016 for the Men's Fitness Center.

The classes highlighted in orange have a fee associated with them.

N O V E M B E R

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	2 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner LOBSTER NIGHT	3 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>The FWSO's DJ Check: Bartók and Rachmaninoff FWSO 7:30 pm</i> STEAK NIGHT	4 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>The FWSO's DJ Check: Bartók and Rachmaninoff FWSO 7:30 pm</i>
5 CLOSED	6 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch BFF DAY FITNESS C ENTER	7 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	8 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	9 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner LOBSTER NIGHT	10 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Bond and Beyond FWSO 7:30 pm</i> STEAK NIGHT	11 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>Storybook: Cinderella FWSO 11am</i> <i>Bond and Beyond FWSO 7:30 pm</i>
12 CLOSED	13 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	14 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Plaid <i>for Women®</i>	15 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	16 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Jake Heggie The Cliburn 7:30 pm</i> HOME FOR THE HOLIDAYS LOBSTER NIGHT	17 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Mermaids from Zemlinsky & Brahms FWSO 7:30 pm</i> THANKSGIVING MEAL ORDER DEADLINE 12 NOON STEAK NIGHT	18 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>Mermaids from Zemlinsky and Brahms FWSO 7:30 pm</i>
19  PARADE OF LIGHTS VIEWING & BUFFET DINNER	20 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	21 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner THANKSGIVING MEAL PICKUP	22 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner THANKSGIVING MEAL PICKUP	23 CLOSED 	24 CLOSED 	25 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Home for the Holidays FWSO 7:30 pm</i>
26 CLOSED	27 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	28 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX PAFW 7:30 pm</i>	29 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX PAFW 7:30 pm</i>	30 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX PAFW 7:30 pm Nutckacker, TBT 7:00 pm</i> LOBSTER NIGHT	DEC 1 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX Holiday One PAFW with O'Clock 7:30</i> STEAK NIGHT	DEC 2 Fitness 9am (WFC) - 1pm (MFC) 8am (MFC) - 2pm (WFC) To Go Meals and Dining for Dinner <i>SIX UNT PAFW Band 7:30 pm</i> LOBSTER NIGHT

POLICY REMINDERS

CANCELLATION POLICY. There is a 72-hour cancellation notice on all special events at the Club unless otherwise noted. If a cancellation is made after the 72-hour deadline, the member's account will be charged. We will do our best to confirm reservations. It is, however, the member's responsibility to cancel any reservations.

PHOTOGRAPHY POLICY. Members are encouraged to utilize the Club for photograph sittings. Due to security and scheduling issues, it is necessary to reserve a time and space in advance by contacting Catering Manager, Kelly Norvell at 817.878.4051. **Unscheduled photography is not permissible.**

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 CLOSED	27 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	28 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX The Musical</i> Bass Hall 7:30 pm	29 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX The Musical</i> Bass Hall 7:30 pm	30 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX The Musical, Bass Hall</i> 7:30 pm <i>Nutckacker, TBT</i> 7:00 pm LOBSTER NIGHT	1 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>SIX - PAFW</i> 7:30 pm <i>Holiday with the UNT One O'Clock Lab Band</i> PAFW 7:30 pm STEAK NIGHT	2 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>SIX</i> PAFW 1:30 pm / 7:30 pm
3 CLOSED	4 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch BFF DAY FITNESS C ENTER	5 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	6 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	7 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner LOBSTER NIGHT	8 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>The Nutcracker</i> TBT 8:00 pm	9 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>The Nutcracker</i> TBT 2:00 pm / 8:00 pm
10 	11 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	12 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Plaid for Women®	13 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner CARTER BLOOD CARE BLOOD DRIVE PRESIDENT'S ROOM	14 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>The Nutcracker</i> TBT 7:00 pm LOBSTER NIGHT	15 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>The Nutcracker</i> TBT 8:00 pm CHRISTMAS MEAL ORDER DEADLINE 12 NOON STEAK NIGHT	16 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>The Nutcracker</i> TBT 2:00 pm / 8:00 pm
17 CLOSED	18 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	19 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Nutckacker, TBT</i> 7:00 pm	20 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Nutckacker, TBT</i> 7:00 pm	21 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Nutckacker, TBT</i> 2:00 & 7:00 pm LOBSTER NIGHT	22 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <i>Nutckacker, TBT</i> 2:00 & 8:00 pm CHRISTMAS MEAL PICKUP STEAK NIGHT	23 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <i>Nutckacker, TBT</i> 2:00 & 8:00 pm CHRISTMAS MEAL PICKUP
24 CLOSED	25 CLOSED 	26 CLOSED 	27 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	28 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner LOBSTER NIGHT	29 Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner STEAK NIGHT	30 Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner
31 CLOSED	JAN 1 CLOSED 					

GARAGE PARKING

As a privilege of membership, City Club provides complimentary parking for up to 3 hours in City Center Garages 1 and 2, which are attached via skybridge to the Bank of America Tower. City Center Parking Garage Management establishes the parking fees for time over the complimentary 3 hours:

\$3 for 0-1 hr / \$9 for 2.5-3 hrs / \$6 for 1-2 hrs / \$12 for 3-4 hrs / \$7 for 2-2.5 hrs / \$15 for over 4 hrs
 Parking fees are paid when exiting the garage. City Club will validate garage parking at the 3rd floor Reception Desk when members are dining at the Club. Parking may also be validated at each Fitness Desk in the Women's and Men's Fitness Centers. It is suggested members park in Garage II (Calhoun St. entrance) when visiting the Club.

RESERVATIONS, PLEASE.

City Club Management and Staff always do their utmost to ensure your dining experience at the Club is the very best it can possibly be. Certain days, and times of day, are busier than others due to seasonal events and celebrations. Member reservations for lunch and dinner assist the Club in consistently providing the level of service you deserve. A telephone call to the **Club's Receptionist at 817.878.4000**, letting us know when you will be coming, how many are in your party, and whether you wish to dine in the Oak Room or the Terrace, will provide seamless enjoyment of your visit to City Club. Any special requests may also be made at this time.

CITY CLUB

F O R T W O R T H

downtown's business, fitness & social club

301 Commerce Street

Fort Worth, TX 76102

Operation Hours

Last reservation can be seated at 7:00 pm. Club closes at 8:00 pm.

The Terrace Room

Reservations 817.878.4000
reception@cityclubfw.com
Lunch Monday - Friday
11:30 am - 2:00 pm
Cocktails Tuesday - Saturday
4:00 pm - 8:00 pm
Dinner 4:00 pm - 8:00 pm

*The Oak Bar (Private Dining)

Reservations 817.878.4000
reception@cityclubfw.com
Lunch Tuesday - Friday
11:30 am - 2:00 pm
Dinner Tuesday - Saturday
4:00 pm - 8:00 pm

*Available by advanced reservation only

The Grill Room

Reservations 817.878.4000
reception@cityclubfw.com
Lunch Monday - Friday
11:30 am - 2:00 pm

Fitness Centers

Men's Fitness Center 817.878.4016
Monday - Friday: 5:00 am - 7:00 pm
Saturday: 8:00 am - 2:00 pm
Women's Fitness Center 817.878.4094
Monday - Friday: 5:00 am - 6:30 pm
Saturday: 9:00 am - 1:00 pm

Accounting

Paula Muller 817.878.4087
pmuller@cityclubfw.com

For Reservations and Information

Management Offices 817.878.4000
Monday - Friday 9:00 am - 5:00 pm

General Manager

Craig Halvorson 817.878.4077
chalvorson@cityclubfw.com

Membership Director

Matt Burrell 817.878.4088
mburrell@cityclubfw.com

Catering

Kim Keen 817.878.4028
kkeen@cityclubfw.com
Kelly Norvell 817.878.4051
knorvell@cityclubfw.com

The City Club is closed on
Sunday and Monday for Dinner,
except for special occasions.

City Club reserves the right to close the restaurants early if there are no reservations and no patrons.